

DR ARIF MATEEN

Assistant Professor, Islamic Research Centre, Bahaudin Zakariya University, Multan,
Pakistan

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SUMMARY

- 18 years' experience of delivering lectures, management and teaching at leading universities, academic institutions and Islamic centres in the UK, Japan, and Pakistan.
- Fluent in English, Arabic and Urdu, multi-cultural (UK, Japan, Egypt, Pakistan) and multi-disciplinary educational background (Islamic studies, comparative religion, and anthropology).
- A good track record in research supervision of assignments and dissertations, teaching graduate as well as post-graduate level students, along with research experience, including the research work on how the religious discourse in contemporary Japan tends to keep pace with the changing patterns of society, highlighting the new trends in various forms of spiritual activities.

EXPERIENCE/ACCOMPLISHMENTS

- **Teaching/Administrative/Academic Responsibilities**

1. Assistant professor, Islamic Research Centre, Bahaudin Zakariya University, Multan, Pakistan, Mar 2023- to date
2. Editor, Pakistan Journal of Islamic Research, published by IRC, BZU, Multan.
3. Religious scholar/Director Boston Islamic Centre, The Lingfield Centre & Iqra Centre, Leeds, UK - Dec/10 – Jul 2021.
4. International Islamic University Islamabad, 2, June/10 – 4, Dec/10.
5. COMSATS Institute of Information Technology, Pakistan, 17, Aug/09 – 1, June /10.
6. GC University, Faisalabad, Pakistan, 24, Nov/08 – 16, Aug/09.
7. Visiting Faculty Member, Department of Dawah and Islamic Culture, Faculty of Usuluddin, IIU, Islamabad, Jun/08 – Aug/08
8. Services in Japan, Delivering lectures, Participation in Interfaith dialogues, Discussions, Seminars and Conferences. (2003–08, each year 3months).
9. Course instructor, Intensive Quranic hermeneutics course, webinar online, April-May 2012; Introduction to Islam Course, Boston College, July 2015.
10. In charge of examination, Islamic Research Centre, BZU, Multan.

- **Peer-reviewed Research Articles/Publications:**

1. New Religious Movements of Japan: An Overview of New Paradigm, *IOSR Journal of Humanities And Social Science (IOSR-JHSS)* Volume 21, Issue 4, Ver. 04(Apr. 2016) PP 91-96e-ISSN: 2279-0837, p-ISSN: 2279-0845.
<http://www.iosrjournals.org/iosr-jhss/pages/21%284%29Version-4.html>

2. Religion in Japan: An Overview of New Paradigms, *AlQalam*, Punjab University, Lahore, Pakistan- - Dec/16. <https://iri.aiou.edu.pk/indexing/?p=41101>
3. New Trends in Japanese Scholarship on Islam, <http://mrjpk.com/wp-content/uploads/Issue%2010/eng/06New%20Trends%20in%20Japanese%20Scholarship.pdf>
4. The New Muslim Generation in Japan: Challenges and Future, *Zia-a- Tahqeeq* 26-39, 4(8), Jun-Dec 2014, Department of Islamic Studies & Arabic, G C University, Faisalabad. <https://iri.aiou.edu.pk/indexing/?p=23638>
5. Islamic Centre and Organizations in Japan: Activities and Problems, *Jihat-al-Islam*, Punjab University, Lahore, Pakistan - Dec/16. http://pu.edu.pk/images/journal/jihat-ul-islam/PDF/20_v9_2_16.pdf
6. Violence in the Name of Religion in Japan: The Case of Aum Shinrikyo and its Offshoots, *Zia-a- Tahqeeq*, *GC University Faisalabad, Pakistan* - Dec/17.
7. معاشرے اور تعلیمات قرآنی میں بُعد: وُجوه اور حل Islamic Research Institute, International Islamic University Islamabad, Pakistan- Nov/14.
8. Changing Japanese Society and Religions: An Overview of Feminism in Japan, *Ma'arif e Islami*, Allama Iqbal Open University, Islamabad. July-Dec/2017. <https://mei.aiou.edu.pk/?p=521>
9. في ضوء دراسة تفسيرسورتى النساء والمائدةتفسيرتفهيم القرآن للشيخ أبى الأعلى المودودي في الميزان (Critique of TafseerTafheem ul Quran by Al Shaikh Abul Alaa Al Moudoodi: A study of Surah Al Nisaa and Al maaedah), *Pakistan Journal of Islamic Research*, *B Z University, Multan, Volume 20, issue 2* (Dec 2019) http://pjir.bzu.edu.pk/upload/Vol%2020,%20Issue%202_10%20Bashir%20Ahmad%20Dars,%20Arif%2018-11-2019_38.pdf
10. Sources of Sirah & Historical Quests: Comparative Study on Ibne e Warraq's Approach and Albert Schweitzer's Methodology, *ĪQĀN*, 2(02), 1-20. <https://doi.org/10.36755/iqan.v2i04.149>
11. Ghazali-E-Zamaan Syed Ahmad Saeed Kazmi And His Contribution To The Hadith Science: An Analytical Study. *Journal of Positive School Psychology*, 847-852.
12. An introductory and analytical study of Urdu literature on the miracles of the Prophet in Pakistan, *The Scholar Islamic Academic Research Journal* 9, No 1 (June 2023) 127-147 <https://doi.org/10.29370/siarj/issue16urduar7>

13. Life of Hzarat Isa (A) in the Light of the Holy Quran and Bible; importance of interfaith dialogue, *Al-Misbah*, Vol. 3, No. 2(2023),167-178
14. A Brief Analysis Of Rising Security Issues And Their Solutions In The Light Of Peaceful Teachings Of Sufism, *Journal of Positive School Psychology* 2022, Vol. 6, No. 11, 3435-3441
15. An Analytical Study of Maulana Wahiduddin Khan's Political Thoughts, *Al-Durar Research Journal* Vol 3, Issue 1, (January- June 2023) 140-156
<https://www.tcais.net/index.php/aldurar/article/view/98>
16. Mounting socio-political challenges in Pakistan and their solutions in the light of Sirah: contextualization and contemporisation, *International Journal of Multicultural Education*, Vol. 25, No. 2, 2023.
<https://ijmejournal.org/ijme/index.php/ijme/article/view/v25-2-57.html>
17. The role of the Masjid in reforming the Muslim society (A research and applied review in the context of Islamic teachings and contemporary times) *Pakistan Journal of Islamic Research*, BZU, Vol. 24, Issue 2, Dec 2023.
<https://pjir.bzu.edu.pk/website/journal/article/658d2f7c7e8c9/page>
18. Nutritional Therapy: in the light of Prophetic Medicine, *Journal of Population Therapeutics & Clinical Pharmacology*, Vol. 31, No. 4, Apr 2024.
DOI <https://doi.org/10.53555/jptcp.v31i4.5618>
19. Islamic aesthetics of architecture and urban development: in the context of the Seerah of Prophet Muhammad (PBUH), Vol 10 No 1 (2024): *The Scholar* (January-June 2024) <https://siarj.com/index.php/Siarj/article/view/442>
<https://doi.org/10.29370/siarj/issue18urduar5>
20. Islamic Perspectives on Social, Legal, and Ethical Challenges of Genetic Engineering and CRISPR Technology, issue 4, vol 6, October- December 2024,
<https://ojs.cer.edu.pk/index.php/mtt/article/view/323>
21. Digitising the Divine: How Technology Reshapes Access to Spiritual Knowledge and Challenges Traditional Embodied Practices in Pakistan, *Al Ahqaaq*, Vol. 3 No. 3 (2025). Published 2025-07-25 <https://ahqaaq.com/index.php/Journal/article/view/75>
22. Ali, H., & Mateen, M. A. (2025). Moral Reformation through the Sīrah: A Case Study of Ethical Implementation by Ḥaḍrat Mujaddid Alf e Thānī. *Seerat Studies*, 10(10).
<https://ojs.aiou.edu.pk/index.php/jss/article/view/3248>

23. Beyond Formal Compliance: Evaluating Salam Istisna through Maqasid Al Shariah, Vol 11 No 2 (2025): The Scholar (July-December 2025)
<https://doi.org/10.29370/siarj/issue21ar10>
24. اسلامی علوم و فنون کی ترسیل و تفہیم میں خودکار ترجمہ اور چیٹ بوٹس کی معاونت (مصنوعی ذہانت کے تناظر میں تجزیاتی مطالعہ)
Automated Translation, Chatbots, and the Provision of Islamic Knowledge: An Analytical Study in the Context of Artificial Intelligence. The Scholar Islamic Academic Research Journal, 12(1), 1-18. Published, 2026-01-20
<https://doi.org/10.29370/siarj/issue22urduar1>
25. Booklet: Al Khushoo Al Mafqood, by Dr Abdullah Ali Basfar, translation from Arabic into Urdu, Jan/06, Zialalul Quran Foundation, Rawalpindi, Pakistan.
26. Tafseer Ayatul Ahkam, (Vol-1, by Muhammad Ali Al Sabooni, Arabic into Urdu), Jun/07 (publication pending)

• **International Conferences/Research Paper:**

1. A Lucrative Collaboration between Modern Educational Institutions and Religious Schools, International Educational Conference held by Riphah International University, Faisalabad, Pakistan - Apr/16.
2. International Conference for Unity, Tehran, Iran, 2016.
3. International Seerah conference held by Riphah International University, Faisalabad, Pakistan, March 25, 2016.
4. International Conference of Islamic Studies - Teaching and Learning Trends of Islamic Studies at University Level: Challenges, Strategies and Way Forward Department of Islamic Studies, Riphah International University, Islamabad, Pakistan, 17 Dec 2020.
5. 2nd International Islamic Peace Conference on National Accord for Peace, Inclusive Education, Social Reconstruction and Sustainable Economic development, IRI International Islamic University Islamabad, 5-6 May 2023.
6. Pak- Saudi conference on Sirha, civic sense and tolerance, An analytical look into changing life patterns in the modern age and religious dynamism to promote civic engagement in the light of Sirha, International Islamic University, Islamabad, Pakistan, 5-6 Dec 2023.
7. 1st 2-Days International Conference on Contemporary Issues in Law, differences, and diversity: growing needs of interfaith harmony for peaceful coexistence in the light of prophetic paradigm of religious dynamism, University Gillani Law College, BZU, Multan, 07-08 December 2023.
8. 8th International Conference on "Global Halal Food Industry: Insights from Pakistan, Hala development for sustainable growth in Pakistan: increasing needs of interdisciplinary approach, Faculty of Food Science & Nutrition, the Department of

- Islamic Studies, and Islamic Research Centre BZU, the Institute of Sufism & Mysticism, Bahauddin Zakariya University (BZU), Multan-Pakistan, April 24th and 25th, 2024.
9. 2nd International Conference on Social Sciences, Institute of Southern Punjab, Multan, 2 Nov 2024. Topic of the paper: Research Trends and Pakistani Madaris: An Analytical Study.
 10. The 4th Two-day International Seerat-ul-Nabi Conference on The Challenges facing Equal Justice, Peace & Security in Contemporary Society and their Solution in the light of the Holy Prophetic life, organised by Women University Multan, Topic: Inadequate Urban Planning and Illegal Encroachments: Insights from the Seerah of Prophet Muhammad (PBUH) for Community Peace, 25-26, November 2024.
 11. 1st international conference on Inter-religious dialogue and divine teachings: Pathways to peaceful coexistence, COMSATS University, Islamabad, Lahore Campus, Topic: The Interplay of Otherness and Interfaith Dialogue: Islamic Perspectives on Engaging with Diversity, 4 December 2024.
 12. 1st international conference on Building Social Harmony, National Integration and Peace in Pakistan, Al Fajr Institute of Higher Studies, Mianwaali, held on 22 Feb 2025.
 13. International Conference on " Insights from the Sīrah of Prophet Muḥammad (SAW): Exploring the Role of Sufism in Promoting Peaceful Coexistence and Fostering Unity Among Diverse Communities." Wednesday-Thursday, February 26-27, 2025, jointly organised by: Institute of Sufism & Mysticism, Institute of Islamic Studies & Islamic Research Centre, Bahauddin Zakariya University, Multan (Pakistan), In Collaboration with Islamic Research Institute, International Islamic University, Islamabad (Pakistan) & National Rahmatul-lil-Alameen Wa Khatam an-Nabiyyin Authority.
 14. Two-Day International Seerah Conference Title: "Services of the Sufis in the Subcontinent of Pakistan and India in the Light of the Seerah" 19th–20th November 2025, organised by: Department of Seerah Studies, Faculty of Arabic and Islamic Studies, Allama Iqbal Open University, Islamabad. Paper presented on: Moral Reformation through the Sīrah: A Case Study of Ethical Implementation by Ḥaḍrat Mujaddid Alf e Thānī.
 15. Guest of Honour at the 2nd International Harmony conference on the Role of Religion in Conflict Management: a Global Interfaith Perspective, organised by the Department of World Religion and Interfaith Harmony, IUB, on 9 and 10 December 2025. Paper presented on A Muslim Phenomenological Theology of Religious Dynamism: Diversity and Living Together (Ta'aruf) in Islam
- **Contributor for the Islamic Corner of the Monthly Bulletin CIIT, Sahiwal, Pakistan - Jan/10-May/10.**
 - **Research Assistant for the Higher Education Commission, Pakistan (The Crisis of Religious Research in the Muslim World), Feb 2008 –Aug 2008.**

- **Interfaith and Communal Harmony:**

1. Faith and Religion in the Workplace Conference, Boston College and Just Lincolnshire - June/ 2014.
2. Mosque open days at Boston Mosque & Islamic Centre.
3. Reciprocal visits: Boston College, Lincolnshire, UK.
4. Boston Muslim Community get-togethers, including Eid Milans and community cohesion activities.
5. Interfaith meetings/seminars: mayors of Boston Borough Council; Lorraine Bush 2017 & Anton Dany 2019, Councillors; Pau Skinner, Anne Dorian etc., visits and meetings at Churches; St. Mary church, Centenary Church, Methodist Church, St. Botolph's Church etc., Beaver's scouts' group, Anna Kuszyb Lincolnshire Community Health Services, The Boston Grammar School, Swine head St Mary's Church of England Primary School, The John Fielding Community Special School etc.

- **Media Presentations:**

- 1- Islam Channel Urdu, UK, weekly show: Islam & Society, host Ahmed Shaheen, 2016
- 2- Islam Channel Urdu, UK, Fasting & its social, economic, and spiritual impact. 2016
- 3- Interviews BBC Radio Lincolnshire, Boston's 107 endeavour FM, 2018

- **Membership:**

- 1- Member of IDF (Interdisciplinary Forum) COMSATS, 2009-2010
- 2- Member of Ulama Council UK, 2013-2021
- 3- Member of the syllabus committee to produce deputy Imams at more than 50 centres run by the UK Islamic Mission. 2021
- 4- Member of Fiqh Council UK, 2018- to date

EDUCATION

PhD (Islamic Studies) Sep/09- June 2015

(Dissertation: Major Religious Trends in Contemporary Japanese Society: An Analytical Study of the Post-war Era) GC University, Pakistan, CGPA:3.25/4.00

M. Phil. (Qur'anic hermeneutics) Jan/04-Apr/08

(Dissertation: Translation and critical analysis of Exegesis Tafheem ul Quran from Urdu into Arabic)

International Islamic University, Islamabad, CGPA:3.87/4.00

B.A. (Hons Usuluddin) Sep/02-JUN/05

International Islamic University Islamabad, CGPA:3.59/4.00

B.A Jun/July 2002

B.Z. University, Pakistan, Marks Obtained: 558/800

F.A B.I.S.E. Lahore, 2000, Marks Obtained: 697/1100

S.S.C, B.I.S.E. Multan, 1998, Marks Obtained : 637/850

HIFZUL QURAN, 1997, Marks Obtained: 75/100

SANIA AL AMMAH, Rabibtat ul Madaris, Lahore, Marks Obtained: 475/500

CPD/TRAINING CERTIFICATES/COURSES

1. PhD Training (Research Methods) GC Univ. Faisalabad Pakistan. 2009
2. Level 2 Certificate ESOL-Skills for Life, Boston College, England. 2015
3. Dawah Methodologies & Arabic Language Course, Al Azhar University, Egypt. 2000-2001
4. Al Azhar Preparatory Course, Qutta ul Maahid Al Azharia, Egypt. 2000-2001
5. Contemporary Islamic Economy course, Al Azhar University, S.A. Kamel, Centre for Islamic Economics, Egypt. 2000
6. Diploma in English Language, NUML, Pakistan. 2009
7. CERF, Trinity College London. 2015
8. Level 2 Certificate in Equality and Diversity, Havering College, England, NCFE, 2015
9. Post Graduate Level Professional Development Program with Sheikh Abdullah Yusuf A Judai (Ex. Head of the European Council for Fatwa and Research), EIIS (European Institute of Islamic Sciences), UK. 2016
10. CPR British Heart Foundation UK. 2016
11. The National Teaching Training, UK Islamic Mission, London. 2015
12. The School Welcome Training, Kirklees Faith and Education Project, West Yorkshire, UK. 2021
13. Chaplaincy Training, McFadden, Terry [HMPS, Ministry of Justice UK] 2018

14. Developing a Strategic Management Plan, 24 Oct 2024, Strategic Management Plan Committee, BZU, Multan
15. 4 days Faculty development Cohort II, 26-29 May 2025, Professional Development Centre, ORIC, BZU Multan
16. A two-day training workshop titled “National Development and Social Harmony: The Role of Religious Scholars”, 22- 23 October 2025, jointly organised by Islamic Research Centre BZU, the Iqbal International Institute for Research and Dialogue (IRD), and International Islamic University Islamabad (IIUI)