CURRICULUM VITA 2026



Prof. Dr. SARWAT SULTAN

PhD (Bahauddin Zakariya University, Multan Pakistan 2004-2009)
Post-Doc (Curtin University Perth Australia 2012-2013)
Post-Doc (University of Essex, London UK 2018-2019)
Post-Doc Online (Blitz Hiring, Ottawa Canada 2024-2025 in progress)
International Visiting Exchange Program (Michigan State University, USA 2022)

- Professor, Department of Applied Psychology, Faculty of Arts & Social Sciences, Bahauddin Zakariya University, Multan Pakistan
- HEC (Pakistan) Approved Supervisor
- Vice-President (Punjab) Pakistan Psychological Association
- Member Academic Council, Mir Chakar Khan Rind University of Technology DG
- Syndicate Ex-Member of Mir Chakar Khan Rind University of Technology DG Khan
- Directress Sports (Female), Bahauddin Zakariya University, Multan Pakistan
- Member, Harassment Committee BZU Multan
- Focal Person of Mental Health Assessment of Students and Community
- Focal Person of Pink Ribbon Cancer

Personal Information

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Marital Status: Married

Qualifications

2019 Post-Doctorate, University of Essex, London UK
2013 Post-Doctorate, School of Psychology, Curtin University Perth Australia
2009 PhD in Psychology, Bahauddin Zakariya University, Multan
1992 Post-Graduation in Psychology, Bahauddin Zakariya University, Multan
1990 Graduation in Psychology & Economics, Bahauddin Zakariya University, Multan
1988 Intermediate in Psychology, Economics, & Home-Economics, Board of Intermediate & Secondary Education, Multan
1986 Matriculation, Secondary School Education in Arts, Board of Intermediate & Secondary Education, Multan

Academic Positions

Feb 18, 1996	–	Jun 05, 1997	**Lecturer** (Ad-hoc Basis), Govt. Degree College for Women Vehari.
Feb 15, 2005	–	Dec 02, 2009	**Lecturer**, Department of Applied Psychology, BZU Multan
Dec 03, 2009	–	March 25, 2015	**Assistant Professor**, Dept. of Applied Psychology, BZU Multan
March 26, 2015	–	Jan 27, 2021	**Associate Professor**, Dept. of Applied Psychology, BZU Multan
Jan 28, 2021	–	To date	**Professor,** Department of Applied Psychology, BZU Multan

Visiting and Honorary Positions

Oct 1992	–	Feb 12, 1996	**Lecturer**, Govt. Degree College for Women Multan.
Aug 2001	–	Feb 18, 2005	**Lecturer** (Ad-hoc Basis), Govt. Degree College for Women Vehari.

Awards/Honors

1. Award: HEC Postdoctoral Fellowship 2012
2. Award: Best Researcher Cash Incentive Award 2018
3. Award: Indigenous Postdoctoral Fellowship Award 2018
4. Award: HEC Thematic Research Grant 2019
5. Honor: Winning Indigenous Post-doctorate Research Grant PHEC 2018
6. Award: Pride of Nation Award for Best Performance by Young Psychologist Association 2020.
7. Award: Life Achievement Award by Women University, Multan 2023.

Book Published

1. **Sultan, S.** (2011). Psychological Aspects of Infertility. Lap Lambert Academic Publishing GmbH & Co. KG Dudweiler Landstr. 99, 66123 Saarbrücken, Germany.

Current Assignments in University

1. Directress Female Sports (2018-date)
2. Focal Person: Health Profiling of University Teachers, Staff, and Students (2020-date)
3. Focal Person: Pink Ribbon Breast Cancer Awareness
4. Coordinator ADCP Program (2026-date)
5. Incharge Tele-Counseling Centre for COVID-19, BZU Multan (2021-date)
6. Member Board of Studies in the Subject of Applied Psychology (2005-date)
7. Member Board of Faculty of Arts &Social Sciences (2015-date)
8. Member Convocation Committee (2015-date)
9. Member TTS Faculty Committee (2021-date)
10. Member Advance Studies and Research Board BZU(2022-2026)
11. Member Admission Committee BZU (2024-date)
12. Member Harassment Committee BZU (2nd Tenure-date)
13. Member Drugs and Narcotics Committee BZU
14. Member Scrutiny Committee BZU

Performed Assignments in University

1. Member/Secretary Directorate of Research & International Linkages
2. Member Central Library Committee
3. Member Examination Committee of Distance Learning Program

4. Member Admission Committee for Sport Seats (2018-2024)
5. Coordinator Distance Education
6. Coordinator Lahore Campus
7. Coordinator Advance Diploma in Clinical Psychology
8. Coordinator M.Phil Program (Regular) (2015-2024)
9. Coordinator BS Program (2024-2026)

Membership of Academic Bodies in other Universities

1. Member Board of Studies, University of Layyah
2. Member Board of Studies, University of Gujrat
3. Member Board of Studies, Women University, Multan
4. Member Board of Studies, University of Southern Punjab, Multan
5. Member Board of Studies of Education, Govt, Sadiq College Women University Bahawalpur (w.e.f.29/07/2018 to date).
6. Member Syndicate Mir Chakar Khan Rind University of Technology DG Khan 2021

External Examiner in other Universities

1. Islamic University of Bahawalpur, Bahawalpur
2. University of Sargodha, Sargodha
3. University of Gujrat, Gujrat
4. Govt. College University of Faisalabad
5. University of Peshawar, Peshawar
6. UMT, Lahore
7. Islamic University of Bahawalpur, Bahawalnagar Campus
8. Women University Multan
9. National College of Business Administration & Economics Multan
10. University of Southern Punjab, Multan

Membership of Editorial Board

1. Pakistan Journal of Social Sciences, Bahauddin Zakariya University Multan
2. Journal of Pakistan Psychological Association
3. Journal of Clinical & Counseling Psychology Review, University of Management & Technology Lahore
4. Journal of Applied Psychology, University of Gujrat.
5. Journal of Sports Science and Physical Therapy University of Wah Journal of Social Sciences (UWJSS), University of Wah, Wah Cantt Pakistan
6. EC Emergency Medicine and Critical Care, www.ecronicon.com/ECEC-EB.php
7. Journal of Clinical and Professional Psychology (JCPP), Riphah International University Lahore

Membership of Learned Societies

International

1. American Psychological Association
2. Pakistan-US Alumni Member PAUN

National

1. Pakistan Psychological Association
2. Multan Psychologists Forum
3. Member of Awaaz Foundation (NGO)
4. Member of Doaaba Foundation (NGO)
5. Member of SPO (NGO)

6. Member of HelpAge Deutschland (NGO)

Taught Courses

Psychological Testing, Research Methods, Data Analysis, Applied Statistics, Consumer Behavior, Human Behavior, Marketing Management, Organizational Behavior, Psychotherapy, Developmental Psychology, Military Psychology, Forensic Psychology, Experimental Psychology, Social Psychology, Introduction to Sociology, Introduction to Psychology, Theories of Personality, Positive Psychology, Special Education, Ethical Standards, Child Psychopathology, Environmental Psychology, Psychotherapy, Cognitive Psychology

New Courses/Innovation/Trend Introduced

1. Designed Curriculum for M.Sc under Semester System. 2008
2. Redesigned Curriculum for M.Sc Under Annual System, 2012
3. Designed Curriculum for BS4-Year Applied Psychology, 2004
4. Redesigned Curriculum for BS-4Year according to HEC Criteria, 2021
5. Designed Curriculum for Advance Diploma in Clinical Psychology,2003
6. Designed Curriculum for M.Phil Applied Psychology, 2010
7. Introduced new courses in BS: 1. Psycholinguistic, 2. Bio-Chemistry, 2014
8. Designed Curriculum for PhD Applied Psychology, 2016
9. Redesigned Curriculum for PhD Applied Psychology, 2021

Theses Supervised

1. M.Sc – 200
2. BS -- 815
3. ADCP -- 104
4. M.Phil -- 131
5. PhD -- 01+05
6. Post-Doc--02+1

Computer Skills

1. MS Word, 2. MS Excel, 3. Power Point, 4.SPSS-26, 5. SmartPLS, 6. AMOS-21
7. CFA, 8. Process Macro, 9. Windows 2010, 2005XP, 10. Internet & E-mail applications

Countries Visited

1. USA –Michigan, Houston, Washington
2. Australia –Perth
3. Canada –Ottawa, Montreal, Toronto, Niagara Fall
4. UK –London, Scotland, Oxford, Birmingham, Bristol, Manchester,
5. Turkey –Istanbul
6. France –Paris
7. Italy –Rome, Venice
8. Greece
9. Spain –Barcelona, Madrid, Palma
10. Switzerland –Geneva
11. Portugal –Lisbon
12. Singapore
13. South Korea
14. Hong Kong
15. Saudi Arabia
16. India –Dehli

17. UAE –Dubai, Abu Dahbi
18. Thailand

Conferences Organized

1. 1st International Conference on Current Trends in Psychology, *31 March*, 2016, at Dept of Applied Psychology, BZU, Multan. (Role: Chief Organizer)
2. 2nd International E-Conference on Health Psychology, 18-20, March, 2021, Multan: at Dept of Applied Psychology, BZU, Multan. (Role: Chief Organizer)
3. 2nd International Meritorious Multidisciplinary Virtual Conference, 24, September, 2021, at Islamic Search Centre, Punjab University, Lahore. (Role: Chief Organizer)

Workshops Organized

No	Date	TITLE/Resource Person	Place & Organizer
1	May 14-15, 2014	Academic Writing, Combating Plagiarism, Citation Management And Publishing in Impact Factor Journals	Research Centre for Training & Development through High Definition Video Conferencing, NCBA&E Multan
2	June 14-15, 2014	SPSS-21	National College of Business Administration & Economics, Multan
3	Feb 4-6, 2015	Test Development	Department of Applied Psychology, Bahauddin Zakariya University, Multan
4	April 13, 2015	Test Development	National College of Business Administration & Economics, Multan
5	Nov 18-19, 2015	Sensitization Workshop: Aging Population, Older People & Rights	In collaboration with HelpAge Organization Department of Applied Psychology, Bahauddin Zakariya University, Multan
6	January 8, 2016	Sensitization Workshop: Conflict of Speech, Issues, and Rights	In collaboration with SPO Organization Department of Applied Psychology, Bahauddin Zakariya University, Multan
7	Nov 20, 2016	Qualitative Research	Department of Applied Psychology, Bahauddin Zakariya University, Multan
8	Oct 18, 2017	Hypnotherapy/Dr. Iftikhar Masud Warriach	Department of Applied Psychology, Bahauddin Zakariya University, Multan
9	Nov 6, 2017	Awareness Session on Pink day by Shokat Khanam Hospital	Department of Applied Psychology, Bahauddin Zakariya University, Multan
10	Nov 11, 2017	Awareness Session on Positive Youth Role is essential for Peaceful Society/ Muhammad Shafiq, Director EHD Organization	Department of Applied Psychology, Bahauddin Zakariya University, Multan
11	May 02, 2018	Basics of SPSS by Dr. Imdad-Ullah	Department of Applied Psychology, Bahauddin Zakariya University, Multan
12	Nov 18, 2018	Eidetic Therapy /Prof. Khalid Saeed	Department of Applied Psychology, Bahauddin Zakariya University, Multan
13	Oct 26, 2023	Qualitative Data Analysis Utilizing Reflective Thematic Analysis Approach by Prof. Dr. Muhammad Saleem.	Department of Applied Psychology, Bahauddin Zakariya University, Multan

14	Nov 1-3, 2023	Test Development and Validation by Ms. Nimra Ishfaq	Department of Applied Psychology, Bahauddin Zakariya University, Multan
15	April 26, 2025	One-Day Training on Empowering Minds	University of Southern Punjab, Multan

Training/Workshops and Conferences (Attended)

No	PERIOD		Title	Place & Organizer
	FROM	TO		
1	July 10-15, 2006		Effective Teaching Skills	Khanuspur Ayubia organized by Dept. of Psychology, University of the Punjab, Lahore. In collaboration with HEC
2	June, 2010		Motivation & Learning	Bahauddin Zakariya University Multan by HEC
3	June 6-8, 2011		Workshop on Psychosocial Responses to Displacement and Natural Disasters Using Social Theater and Movement Therapies	IOM and WHO Collaborating Centrefor Mental Health Research and Training, Institute of Psychiatry, Benazir Bhutto Hospital Rawalpindi
4	July 26-27, 2011		1st National Conference on Higher Education. Higher Education in Pakistani Perspective: Prospects and Perils	Staff Training Institute, University of Peshawar, KP, Pakistan. At Bara Gali Campus.
5	Sep 3-5, 2011		The Second Asia Maudsley Forum	Hong Kong Academy of Medicine Jockey Club Building Hong Kong.
6	March 29-30, 2012		1st international Conference on Mental Health	Department of Psychology, International Islamic University
7	Sep 6-8, 2012		17th Australasian Conference on Traumatic Stress ACOTS	Organized by ASTSS & ACPMH Parmelia Hilton Perth, Western Australia
8	April 17, 2013		Positive Thinking Skills: Aussie Optimism PTS Program	School of Psychology and Speech Pathology Curtin University, Perth Australia
9	May 14-15, 2014		Academic Writing, Combating Plagiarism, Citation Management And Publishing in Impact Factor Journals	Research Centre for Training & Development through High Definition Video Conferencing NCBA&E Multan
10	Aug 23, 2016		International Training Workshop on Eidetic Therapy	NCBA&E Multan
11	Aug 25-28, 2016		15th International Conference of Psychology	University of Peshawar, PPA,HEC At Bara Gali Murree
12	May 10-11, 2017		Two Days Training Workshop Understanding Endnote and NVIVO-Research Made Easy	ORIC, Bahauddin Zakariya University Multan
13	August 23, 2017		Writing Successful Research Proposal	ORIC, Bahauddin Zakariya University Multan
14	Oct 10, 2017		Stress Management	Department of Psychiatry & Behavioral Sciences Nishtar Medical University & Hospital Multan
15	Nov 10, 2017		Eidetic Therapy	Department of Applied Psychology, BZU Multan

16	Feb, 2018	Resilience, Social Inclusion and Gender	VSO, UKaid, Mera Maan & Indus Consortium for Humanitarian, Environmental Development Initiatives at BZU Multan
17	April 26, 2018	Basics of Systematic Reviews Healthcare & Research	Pakistan Institute of Living & Learning (PILL) at BZU Multan
18	May 02, 2018	Basics of SPSS	Department of Applied Psychology, BZU Multan
19	Oct 22-23, 2018	Capacity Building Training	Life Savors & Kingfisher at Department of Applied Psychology, BZU Multan
20	Jan 07, 2019	Team Building for Managers	ORIC, Bahauddin Zakariya University Multan
21	Jan 30, 2019	Jehaad for Zero Thalassemia	Rotaract Club Bahauddin Zakariya University Multan
22	Oct 14-15, 2019	Grant Writing Retreat	Pakistan Institute of Living & Learning, Lahore
23	May, 2020	Training on Critical Thinking, Social Cohesion & Leadership Skills	Lodhran Pilot Project at BZU Multan
24	April 17-30, 2022	International Visiting Exchange Program for Female Ulemas	Michigan State University, USA
25	Oct 12, 2023	Training on The Protection Against Harassment of Women at the Workplace Act, 2010 & Prevention of Sexual Exploitation and Abuse	Lodhran Pilot Project, Multan
26	Oct 26, 2023	One Day Workshop on Qualitative Data Analysis Utilizing Reflexive Thematic Analysis	Department of Applied Psychology, BZU, Multan
27	Nov 1-3, 2023	3-Days Workshop on Test Development and Validation	Department of Applied Psychology, BZU, Multan
28	Dec 12, 2023	Workshop on Phenomenology in Practice: Selecting Research Design and Methods in Psychological Research	Department of Applied Psychology, BZU, Multan
29	Feb 13, 2025	One Day Workshop on Personality Assessment through Hand Writing Analysis	Department of Applied Psychology, BZU, Multan
30	April 26, 2025	One Day Training on Unlocking Leadership Potential in Psychology Professionals	University of Southern Punjab, Multan & PPA Multan-Chapter
31	May 05-08, 2025	Level 1 Training Program	ORIC, Bahauddin Zakariya University, Multan

Workshops (Conducted)

No	PERIOD		Title	Place & Organizer
	FROM	TO		
1	January 06-07, 2012		Critical Thinking & Argumentation Skills	Second Educational Management Course, the 74th FEFA Training Course of 40 days At FEFA Peshawar Campus.

2	March 21-22, 2012	Research Methods	Department of Applied Psychology, Bahauddin Zakariya University, Multan
3	June 14-15 2014	SPSS-21	National College of Business Administration & Economics, Multan
4	Feb 4-6 2015	Test Development	Department of Applied Psychology, Bahauddin Zakariya University, Multan
5	April 13, 2015	Test Development	National College of Business Administration & Economics, Multan
6	Nov 18-19, 2015	Sensitization Workshop: Aging Population, Older People & Rights	In collaboration with Helpage Organization
7	Jan 8, 2016	Sensitization Workshop: Conflict of Speech, Issues, and Rights	In collaboration with SPO Organization
8	Nov 20, 2016	Qualitative Research	Department of Applied Psychology, Bahauddin Zakariya University, Multan
9	April 22, 2017	Smart-PLS	NCBA&E Multan
10	Dec 12, 2017	Mediation/Moderation Analysis	University of Gujrat, Gujrat
11	Nov, 2021	Kamyab Jawan Sports Drive	Kamyab Jawan Sports Drive, Imran Khan Prime Minister Pakistan
12	July 03, 2025	A Hands-On Workshop on Mediation/Moderation	Virtual University Multan

Keynotes/Seminars (Lecture delivered)

No	PERIOD		TITLE	Place & Organizer
	FROM	TO		
1	11 Jan, 2010		Research Methods in Psychology	Department of Psychology Islamia University Bahawalpur
2	18 Oct, 2010		Stress Management	Department of Psychology University of Sargodha
3	22 Dec, 2010		APA Research Guidelines-Manual	Department of Psychology BZU, Sahiwal Campus
4	07 Jan, 2011		Interpersonal Skills at Work	Institute of Management Sciences, BZU Multan
5	26 Jan, 2011		Second Language Learning	Department of Psychology Multan Post-Graduate College
6	Feb, 2012		Research Methods	Sahiwal Campus, BZU
7	Nov, 2013		Smart-PLS	BZU, Multan
8	Mar, 2014		Trans Contextual Model	NCBA&E Lahore
9	May, 2015		Research Models & Statistics	University of Gujrat
10	Jan, 2017		Psychometrics Properties	The Islamia University of Bahawalpur
11	Nov, 2018		Human Behavior & Society	Physio College & rehabilitation Centre Multan
12	Feb, 2019		APA Essentials	University of Gujrat, Gujrat

13	10 Oct, 2019	Mental Health of Adolescents	BZU, Multan
14	20 Dec, 2019	Statistics in Psychology	GC University Faisalabad
15	28 Nov, 2024	Digital Shadows: Breaking the New Frontiers of Cybercrime and Mental Health	10th International Conference, NIP Islamabad
16	28 Oct, 2026	Cultural Expectations and Mental Well-Being: Navigating Social Norms, Family Pressures, Identity, and Emotional Resilience	The Islamia University of Bahawal-pur

Psychological Services Provided to Community

1. Prepared the Psychological Personality Profiles of about 5000 Police Officials currently working in different districts of Punjab, Pakistan.
2. Administered the four objective and projective tests of personality measurement to examine the personality traits of Police Officials.
3. The results of Districts; Multan, Vehari, Lodhran, Khanewal, Muzafargar have been submitted to IG Punjab. Many of others are in process.
4. Mental Health Assessment of 40,000 students of Bahauddin Zakariya University, Multan (Jan-March,2020).
5. Provided online counseling to people during COVID-19 (April 2020-present).
6. Mental Health Assessment of 757 Police Officials at CPO Multan (Aug 24, 2022).

Psychological Assessment of Police Officers/Officials for VIP/VVIP Duty

No.	Request from	Date of visit	Psy-Test Place	Number of officials examined	Session in a day
1	DPO Vehari	04-06-2011	Police Lines, Vehari	115	2 test sessions 1 interview session
2	DPO Khanewal	17-06-2011	Jinnah Library, Khanewal	417	2 test sessions
3	Superintendent Police, Multan	22-06-2011	Police Training Institute, Multan	30	1test session 1 interview session
4	DPO Lodhran	25-06-2011	Siddique Khan Kanjo Hall, Lodhran	1164 (40 Elite)	2 test sessions 1 interview session
5	DPO Khanewal	29-06-2011	Jinnah Library, Khanewal	600 (219+219+162)	3 test sessions 1 interview session
6	DPO Khanewal	30-06-2011	Jinnah Library, Khanewal	417 (217+200)	2 test sessions 1 interview session
7	City Police Officer, Multan	15-11-2011	Office Multan	404 Elites 1176 Police	3 test sessions 1 interview session
8	Superintendent Police, Traffic Region, Multan	17-12-2011	Raza Hall Multan	700	2 test sessions 1 interview session
9	CPO, Multan	06-08-2021	CPO Building	370	2 test sessions
10	CPO, Multan	22-08-2022	CPO Building	857	3 Test Sessions

Research Projects Completed				
No.	**Title**	**Year**	**Funding Organi-zation**	**Amount**
1	Effect of Perceived Autonomy Support in Math Education on Behavioral Regulation and Intentions for Homework and Attain-ment in Class	2012-13	HEC	1.5 million
2	Strength of Gratitude Intervention broaden-ing problem-solving strategies and Psycho-logical Well-being among Students through Personality Traits	2014-15	Directorate of Re-search & External Linkages BZU, Mul-tan. As PI	Rs.150,000
3	Impact of Cognitive Processing Therapy on Mental health of People Exposed to Flood	2015-16	Do	Rs.200,000
4	Student Engagement attributed to Learning Outcomes: The Role of Individual, Family, and School-Level Factors	2015-16	Do	Rs.200.000
5	Analyzing the ways to enhance Emotional Intelligence of Undergraduate University Students	2015-16	Do	Rs.150,000
6	Impact of Stress Inoculation Intervention on Mental health of People Exposed to Flood	2016-17	Do	Rs.200,000
7	Treating heart disease by managing marital conflict among female patients with CHD through marital therapy	2016-17	Do	Rs.250.000
8	Work Family Conflicts: Do Personality Traits Make Difference in Job Stress and Life Stress among Employees?	2016-17	Do	Rs.200,000
9	National Language and Competency Based Undergraduate and Postgraduate Entrepre-neurship Programs as a Disruptive Innova-tion for the Higher Education Institutions in Pakistan to be effective and efficient	2016-17	Thematic Research Grant Program, High-er Education Commis-sion Pakistan As Co-PI (12 months)	4.0 million
10	Child Beggary in Punjab	2016-17	No one	No one
11	Enhancing Positive Emotions in Cardiac Patients through Positive Psychology Inter-vention	2017-18	Directorate of Re-search & External Linkages BZU, Mul-tan As PI (12 months)	Rs.205,000
12	Integrating Life Skills Education for Mental Health and Academic Benefits of Youth in Schools	2018-19	Punjab HEC As PI (12 months)	1.5 million
13	Controlling Social Skills Deficits in Patients with Brain Tumor through Social Skills Training	2018-19	Directorate of Re-search & External Linkages BZU, Mul-tan As PI (12 months)	Rs. 150,000
14	Moderating Role of Attributes in Reducing	2020-21	Directorate of Re-	Rs.100,000

	Stress During Second Wake of Covid-19		search & External Linkages BZU, Multan As PI (12 months)	

Research Publications

(Total=134: National Journals-92 & International Journals-42)

No	Title & Journal	Indexing
1.	**Sultan, S.** (2006). Differences in the Achievement Goals of Students Studying in Annual and Semester System. *Journal of Educational Research, 9*(2),52-64.	HEC-Z
2.	**Sultan, S.,** & Chaudry, H. (2008). Gender-based Differences in the Patterns of Emotional Self-disclosure. *Pakistan Journal of Psychological Research, 23*(3-4), 107-122.	HEC-Y
3.	**Sultan, S.** (2008). Male/Female-Factor Infertility: What Contributes to Emotional Connotations for Couple? *Journal of Educational Research, 11* (1), 102-114.	HEC-Z
4.	**Sultan, S.** (2008). A Hard Knock to Self-Esteem in Men and Women Facing Infertility. *Journal of Gender & Social Issues, 7*(1), 10-21.	HEC-Z
5.	**Sultan, S.**, Amin, R., & Zadeh, Z. F. (2009). Patterns of Delusions in Male and Female Schizophrenic Patients. *Pakistan Journal of Clinical Psychology, 8*(1), 03-14.	HEC-Z
6.	**Sultan, S.** (2009). Aggression as a Subsequent Response to Hopeless Feelings of Infertility, *Pakistan Journal of Social and Clinical Psychology, 7*, 31-44.	HEC-Y
7.	Tabassum, T., & **Sultan, S.** (2009). The Role of Personal Constructs in Marital Satisfaction of Spouses, *Bahria Journal of Professional Psychology, 6*(1), 46-59.	HEC-Z
8.	**Sultan, S.** (2009). Being Vital: A Function of Big Five Personality Traits. *Journal of Educational Research, 12*(1), 132-140.	HEC-Z
9.	Hanif, A., **Sultan, S.** (2009). The Impact of Managers' Orientation on the Job Satisfaction of their Subordinates. *Business Review, 4*(2), 87-96.	HEC-Y
10.	**Sultan, S.** (2009). Depression: A Common Factor Associated With Childlessness. *Pakistan Journal of Social Sciences, 29*(1), 69-80.	HEC-Z
11.	Batool, N., & **Sultan, S.** (2009). The Role of Psychological Needs in Processing the Causality Orientations. *Journal of Educational Research, 12*(2), 191-202.	HEC-Z
12.	**Sultan, S.** (2009). Correlates of Computer Anxiety among Employees. *Pakistan Journal of Social Sciences,* 29(2), 293-300.	HEC-Z
13.	Rashid, S., & **Sultan, S.** (2009). Comparison of Working and Non Working Women on Personal Growth, Emotional Expressiveness and Assertiveness. *Journal of Gender & Social Issues, 8*(2), 21-30.	HEC-Z (Ulrich)
14.	Hussain, I., & **Sultan, S.** (2010). Parent's Literacy and Pre School Education: A Study of Practices and Problems of Early Childhood Education in Pakistan. *Procedia-Social and Behavioral Sciences Journal (ISSN: 1877-0428)*, 2(2), 624-28.	Procedia
15.	Hussain, I., & **Sultan, S.** (2010). Analysis of Procrastination among University Students. *Procedia Social and Behavioural Sciences Journal (ISSN: 1877-0428),* 5, 1-24.	Procedia
16.	**Sultan, S.** (2010). Marital Discord: The Hidden Burden of Infertility. *Pakistan Journal of Psychological Research, 25*(1), 31-44.	HEC-Y (Ulrich)
17.	**Sultan, S.**(2010). Job Components for Employees Satisfaction: A Study. *Journal of Social Issues, 4*(1), 204-217.	HEC-Y
18.	**Sultan, S.** (2010). Significance of Instrumental and Integrative Motivation in Second-Language Acquisition. *Journal of Educational Research, 13*(2), 145-152.	HEC-Z
19.	**Sultan, S.** (2010). Contribution of Basic Psychological Needs in Predicting Psychologi-	HEC-Y

	cal Wellbeing. *Pakistan Journal of Psychology, 41*(2), 105-122.	
20.	**Sultan, S.** (2010). Perceived Teachers' Support affecting Students' Achievement Motivation: An Application of Vygotsky Approach. *Journal Eclecta Revista de Psicologia General; San Luis Potosi S.L.P. Mexico*, VIII(15).	Ulrich
21.	Parveen, S., **Sultan, S.** (2010). The Manifestation of Aggression among Patients with Conversion Disorder and Obsessive Compulsive Disorder. *Pakistan Journal of Social Issues, 2*, 12-17.	HEC-Z
22.	**Sultan, S.**, & Tahir, A. (2011). Psychological Consequences of Infertility. *Hellenic Journal of Psychology, 8*(2), 229-247.	HEC-Y
23.	Rubbani, S., & **Sultan, S.** (2011). Perceived Parenting Styles as Determinants of Patterns of Aspiration and Achievement Goals among Students. *Journal of Psychology and the Behavioral Sciences, 22*, 14-21.	HEC-Z Ulrich
24.	**Sultan, S.** (2011). Stigmatization: Addressing Self-Esteem and Personal Growth in Patients with Psychological and Physiological Illness. *Pakistan Journal of Social Sciences; Bahauddin Zakariya University Multan*, Vol. 31(1), 29-36.	HEC-Y
25.	**Sultan, S.** (2011). Linking Self-Efficacy and Emotional Intelligence to Creativity. *The Journal of Humanities & Social Sciences*, XIX (1), 105-118.	HEC-Y
26.	Husain, I., & **Sultan, S.** (2011). Learning by Doing: Outcomes of Teaching a Research Course through Group Activities. *GSTF Journal on Computing (JOC)*, 1(2). ??-??	Citefacor
27.	**Sultan, S.**, & Kamran, F. (2011). Equity Sensitivity Predicting Job Satisfaction and Commitment. *Journal of Independent Studies; Research-Management and Social Sciences & Economics Karachi*, 9(1), 1-10.	HEC-Z
28.	**Sultan, S.**, Kanwal, F., & Khurram, S. (2011). Effectiveness of Learning Styles: A Comparison between Students Learning Individually and Students Learning Collaboratively. *Journal of Educational Research, 14*(2), 32-39.	HEC-Z
29.	Hanif, A., & **Sultan, S.** (2011). Type A-B Personality and Locus of Control: A Combined Factor Determining Job Satisfaction. *Business Review, 6*(2), 90-96.	HEC-Y
30.	**Sultan, S.** (2011). Humanistic Vs. Authoritarian Teachers: A Reflection on Students' Academic Motivation and Performance. *i-manager's Journal on Educational Psychology, 5*(3), 35-40.	HEC-Y (Ulrich)
31.	**Sultan, S.** (2012). Women's Mental Health in Pakistan: A Comparison between Infertile and Fertile Women. *APPAC Archives Journal*, *18*(4), 8-9.	Scopus
32.	**Sultan, S.** (2012). Examining the Job Characteristics: A Matter of Employees' Work Motivation and Job Satisfaction. *Journal of Behavioral Science*, *22*(2), 13-25.	HEC-Y
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140.	Batool, A., & **Sultan, S.** (2026). Development and Validation of Specific Learning Disabilities Screening Checklist (SLDSC) for Students in Special Education. *The Research Journal of Psychology, 4*(1), 831-844.	HEC-Y
141.	Nawaz, S., & **Sultan, S.** (2026). Development and Validation of the Multidimensional Adolescent Victimization Scale () for High School Students in South Punjab, Pakistan. *The Critical Review of Social Sciences Studies, 4*(1), 5505-5519.	HEC-Y

Paper Published in Spanish Language					
1	Dr. Sarwat Sultan	Journal Eclecta Revista de Psicologia General San Luis Potosi S.L.P. Mexico	Perceived Teachers' Support affecting Students' Achievement Motivation: An Application of Vygotsky Approach	Vol. VIII No. 15	Dec, 2010

Research Papers Presented in Conferences

National Conferences-34, International Conferences in Pakistan-73, International Conferences out of Pakistan-19. Total=126

No	Research Papers Presented in Conferences	National/ International
1.	**Sultan, S.** (2007). Open versus Hidden Medical Treatments: The Patient's Knowledge about a Therapy Affects Outcome. Paper presented at 12th PPA National Conference, Pakistan Psychological Association Lahore, March 17-18, 2007.	National
2.	**Sultan, S. &** Qamar, S. B. (2007). Interpersonal Aspects of Depression among Female College Students. Paper presented at 12th PPA National Conference, Pakistan Psychological Association Lahore, March 17-18, 2007.	National
3.	**Sultan, S.** Riaz, M., & Peerzada, **N.** (2007). Contribution of Attribution Complexity	National

	towards Depression & Anxiety. Paper presented at 12th PPA National Conference, Pakistan Psychological Association Lahore, March 17-18, 2007.	
4.	**Sultan, S.** (2007). Gender-Based Differences in Emotional Self Disclosure. Paper presented at International Conference on New Trends in Psychological Research, Punjab University, Lahore, April 5-7, 2007.	International (in Pakistan)
5.	Saher, R. **& Sultan, S.** (2007). Self-Leadership as a Determinant of Tolerance of Change in Employees. Paper presented at International Conference on New Trends in Psychological Research, Punjab University, Lahore, April 5-7, 2007.	International (in Pakistan)
6.	Tariq, A., **Sultan, S.** & Pirzada, N. (2007). Effects of Rapport on the Outcomes of Testing. Paper presented at International Conference on New Trends in Psychological Research, Punjab University, Lahore, April 5-7, 2007.	International (in Pakistan)
7.	**Sultan, S.** (2009). Psychosocial Conflicts and Illness Signs of People Reacting towards Terrorism. Paper presented at 13th Annual Conference of Psychology, University of Peshawar, Summer Campus, Bara Gali, June, 18-21, 2009.	National
8.	**Sultan, S.** (2009). Perceived Autonomy Support Affecting Treatment Motivation and Anxiety among Hepatitis-C Patients. Paper presented at 18th National Psychiatric Conference at PC Bhurban, Pakistan Psychiatric Society, December, 11-13, 2009.	National
9.	Husain, I. & **Sultan, S.** (2010). Parent's Literacy and Pre School Education: A Study of Practices and Problems of Early Childhood Education in Pakistan. Paper presented at World Conference on Educational Sciences, Bahcesehir University Istanbul-Turkey. February 4-8, 2010.	International (Turkey)
10.	Husain, I. & **Sultan, S.** (2010).Analysis of Procrastination among University Students. Paper presented at World Conference on Psychology, Counseling & Guidance, Majesty Mirage Park Resort Hotel Antalya – Turkey. April 21-25, 2010.	International (Turkey)
11.	**Sultan, S.** (2010). Perceived Teachers' Support Affecting Students' Achievement Motivation. Paper presented at Congresso Internacional de Psicologia Estoril Vigotsky Conference, Lisbon, Portugal. June 24-26, 2010.	International (Portugal)
12.	**Sultan, S.** (2010). Effectiveness of Virtual Education and Problems Faced By Its Learners In Pakistan. Paper presented at The Fourth CLS International Conference CLaSIC, Centre for Language Studies(CLS) of the National University of Singapore (NUS). December 02-04, 2010.	International (Singapore)
13.	Hussain, I. & **Sultan, S.** (2010). Learning by Doing: Outcomes of Teaching a Research Course through Group Activities. Paper presented at International Conference on Computer Science Education: Innovation & Technology (CSEIT), Global Science and Technology Forum Singapore at the Hilton Phuket Arcadia Resort & Spa Thailand. December 6-7, 2010.	International (Thailand)
14.	**Sultan, S.**& Kamran, F (2011). Parent-Adolescents' Relationship: A Key Factor for Psychological Well-being of Adolescents. Paper presented at 1st International Conference on Emerging Trends in Psychology, G. C. University Lahore, March 29-30, 2011.	International (in Pakistan)
15.	Liaqat, S. & **Sultan, S.** (2011). Boosting Cancer Arising New Horizons of Spiritual Well-being and Hope in Patients. Paper presented at 1st international Conference on Emerging Trends in Psychology, G. C. University Lahore, March 29-30, 2011.	International (in Pakistan)
16.	**Sultan, S.** & Khurram, S. (2011). Women's Mental Health In Pakistan: A Comparison Between Infertile And Fertile Women. Paper presented at 16th International Conference Athens, Greece. May 17 – 20 May, 2011.	International (Greece)
17.	Hussain, I. & **Sultan, S.** (2011). Analyzing the Training Needs of University Academia for their Professional Development. Paper presented at World Conference on Educational and Technology Researches, Near East University & Gazi University, Kyrenia-North Cyprus. July 06-10, 2011.	International (Cyprus)
18.	**Sultan, S.** (2011). Patients' Perceived Autonomy Support Affecting their Levels of De-	International

	pression and Treatment Motivation. Paper presented at The 21st World Congress on Psychosomatic Medicine New Vision for Psychosomatic Medicine: Beyond Science and Borders, National Museum of Korea, Seoul, Korea. Augast 25-28, 2011.	(Korea)
19.	**Sultan, S.**& Khurram, S. (2011). Perceived Stigma Predicting Treatment Discontinuation among Adults Receiving Treatment for Psychological and Physiological Ailments. Paper presented at 13th Pakistan Psychological Association Conference "Let Us Join Hands for Pakistan" Hotel Park Plaza, Lahore. November 25-26, 2011.	National
20.	Hanif, A. & **Sultan, S.** (2011). Social Networking: A Major Curse or Blessing for Youth of Pakistan. Paper presented at 13th Pakistan Psychological Association Conference "Let Us Join Hands for Pakistan" Hotel Park Plaza Lahore. November 25-26, 2011.	National
21.	Liaquat, S. & **Sultan, S.** (2011). Change by Self Compassion: Hitting Tolerance & Dysfunctional Attitude among Adults. Paper presented at 13th Pakistan Psychological Association Conference "Let Us Join Hands for Pakistan", Hotel Park Plaza, Lahore. November 25-26, 2011.	National
22.	**Sultan, S.** (2011). Which One is Efficient? Treatment Itself or the Knowledge that the Treatment is Being Performed. Paper presented at 19TH National Psychiatry Conference "Psychiatric Complication of Dengue Virus Fever and Psychological Intervention". Pearl Continental Hotel Lahore, Pakistan. December 24-25, 2011.	National
23.	**Sultan, S.** (2012). Personal Attributes Contributing in Computer Anxiety and Computer Self-efficacy among Distance Learners. Paper presented at 13th Pakistan Psychological Association Conference. International Islamic University, Islamabad. February 10-11, 2012.	National
24.	Arbab, M. A. & **Sultan, S.** (2012). Impact of Perceived Leadership on Preferences of Organizational Cultures Resulting into Innovative Work Behavior. Paper presented at 13th Pakistan Psychological Association Conference, International Islamic University, Islamabad. February 10-11, 2012.	National
25.	Javaid, S. & **Sultan, S.** (2012). Health Locus of Control In Relation To Hospital Anxiety and Depression among Cardiovascular Patients. Paper presented at 13th Pakistan Psychological Association Conference, International Islamic University, Islamabad. February 10-11, 2012.	National
26.	Hanif, A. & **Sultan, S.** (2012). Social Cognitive Factors Predicting Academic Satisfaction. Paper presented at 13th Pakistan Psychological Association Conference, International Islamic University, Islamabad. February 10-11, 2012.	National
27.	**Sultan, S.** & Kanwal, F. (2012). Efficacy of Equity Sensitivity in Determining the Relationship between Organizational Justice and Organizational Commitment. Paper presented at 13th Pakistan Psychological Association Conference, International Islamic University, Islamabad. February 10-11, 2012.	National
28.	**Sultan, S.** & Kanwal, S. (2012). Efficacy of Equity Sensitivity in Determining the Relationship between Organizational Justice and Organizational Commitment. Paper presented at Industrial and Organizational Psychology: Trends, Challenges, *and* Applications, National Institute of Psychology, Quaid-e-Azam University, Islambad, April 19, 2012.	National
29.	**Sultan, S.** (2012). Analyzing Vulnerable Groups and Appropriateness of therapies for PTSD among flood survivors in Pakistan. Paper presented at 47th APS Annual Conference, Australian Psychology Society. September 27-30, 2012.	International (Australia)
30.	**Sultan, S.** (2012). Effects of being raised by single mothers and single fathers on emotional and academic development of adolescents. Paper presented at 47th APS Annual Conference, Australian Psychology Society. September 27-30, 2012.	International (Australia)
31.	**Sultan, S.** (2012). Single Parenting and Adolescents' Development. Paper presented at	International

	AACBT 35th National Conference, The Hyatt, Sanctuary Cove Gold Coast, Australia, Australian Association for Cognitive and Behavioral Therapy. October 17-21, 2012.	(Australia)
32.	**Sultan, S.**(2012). Teachers' attitudes towards ageing affecting their teaching orientations and burnout. Aging: Challenging the Boundaries. Paper presented at 45thAustralian Association of Gerontology National Conference, Brisbane, Queensland, Australia, Australian Association of Gerontology. November 20-23, 2012.	International (Australia)
33.	Liaqat, S. & **Sultan, S.** (2012). Development of an Indigenous Effective Employee Scale. Paper presented at International Conference of Applied Psychology (ICAPP) "Psychology and Challenges of the Modern World" HEC, CDSSHP, & University of Punjab. December 15-19, 2012.	International (in Pakistan)
34.	Musharraf, S. & **Sultan, S.** (2013). Personality Traits and Religiosity as Predictors of Suicidality. Paper presented at International Conference of Pakistan Psychological Association, Al Hamra Hall III, Mall Road Lahore, Department of Psychology, University of Punjab, Lahore. October 31, 2013.	International (in Pakistan)
35.	Luqman, N. & **Sultan, S.** (2013). The Confluence of Irrational Belief, Automatic Thought and Perceived Social Support in Relation to Eating Disorder. Paper presented at International Conference of Pakistan Psychological Association, Al Hamra Hall III, Mall Road Lahore, Department of Psychology, University of Punjab, Lahore. October 31, 2013.	International (in Pakistan)
36.	Irshad, G. & **Sultan, S.** (2013). Difference in Parenting Styles between Juvenile Delinquents and Non-Juvenile Delinquents. Paper presented at International Conference of Pakistan Psychological Association, Al Hamra Hall III, Mall Road Lahore, Department of Psychology, University of Punjab, Lahore.October 31, 2013.	International (in Pakistan)
37.	Anwar, M. K. & **Sultan, S.** (2014). Emotional, Cultural, and Spiritual Intelligence as Trio Path to Leadership Effectiveness through Personality Traits. Paper presented at Two Days International Conference on Social Psychology, Department of Psychology, GC University, Lahore. May 20-21, 2014.	International (in Pakistan)
38.	Khadija, M. & **Sultan, S.** (2014). Association between Psychological Needs and Perception of Parents among Suicidal Attempters. Paper presented at Two Days International Conference on Social Psychology, Department of Psychology, GC University, Lahore. May 20-21, 2014.	International (in Pakistan)
39.	**Sultan, S.** & Saleem, I. (2014). Individual vs. Collaborative Learning: A Strategy for Promoting Social Skills and Academic Confidence among. Paper presented at 5th International Conference on Educational Psychology, National Institute of Psychology (NIP) Quaid-i-Azam University, Islamabad. November 13, 2014.	International (in Pakistan)
40.	**Sultan, S.** & Irshad, S. (2014). Achievement Goals Determining Learning Strategies among Undergraduate College Students. Paper presented at 5th International Conference on Educational Psychology, National Institute of Psychology (NIP) Quaid-i-Azam University, Islamabad. November 13, 2014.	International (in Pakistan)
41.	**Sultan, S.**, Gul, S. & Naz, A. (2015).Giving versus Receiving Social Support: An Analysis of What Contributes the Most to Favorable Life Outcomes. Paper presented at 14th International Conference of Psychology, PPA, HEC, & University of Punjab Lahore. March 19-21, 2015.	International (in Pakistan)
42.	Awan, H. & **Sultan, S.** (2015). Promising Impact of Social Support on Social Anxiety and Social Competence via Alexithymia. Paper presented at 14th International Conference of Psychology, PPA, HEC, & University of Punjab Lahore. March 19-21, 2015.	International (in Pakistan)
43.	Musharaf, S. & **Sultan, S.** (2015). Personality Traits and Religiosity as Predictors of Suicidality. Paper presented at 14th International Conference of Psychology, PPA, HEC, & University of Punjab Lahore. March 19-21, 2015.	International (in Pakistan)
44.	Ishfaq, N. & **Sultan, S.** (2015). A Probe into the Emotional Problems of Psychologists	International

	Committing Suicide through their Piece of Writings. Paper presented at 14th International Conference of Psychology, PPA, HEC, & University of Punjab Lahore. March 19-21, 2015.	(in Pakistan)
45.	Murtaza, G., **Sultan, S.** & Ahmed, F. (2015). Exploring Construct Validity of Resilience Scale in Pakistani Youth. Paper presented at 3rd International Conference on Computational and Social Sciences, Universiti Teknology Malaysia, Johor bahru Johor, August 25-27, 2015.	International (Malaysia)
46.	Nawaz, A. & **Sultan, S.** (2015). Daily Life Hassles Affecting Mental Health: An Account of Effectiveness of Intrapersonal communication Skill training. Paper presented at 1st International Conference on Mental Health, Pakistan Psychological Society Grand Regency Hotel Bahawalpur, October 10, 2015.	International (in Pakistan)
47.	Faiz, A. & **Sultan, S.** (2015). Image of God and Religious Orientation Predicting Mental Health in Elderly People. Paper presented at 21st National Psychiatric Conference, Nishtar Hospital Multan, November 19-21, 2015.	National
48.	Saleem, I. & **Sultan, S.** (2015). Predictors of Behavioral and Temperamental Problems After a Major Flood: Mental Health of Adolescents at Risk. 21st National Psychiatric Conference, Nishtar Hospital Multan, November 19-21, 2015.	National
49.	Moeen, U. & **Sultan, S.** (2015). Attachment Styles and Behavioral Problems of Adoptee and Non-Adoptee Adolescents. 1st National Conference "Indigenizing Clinical Psychology: Issues & Challenges", University of Management & Technology, Institute of Clinical Psychology, Lahore, December, 16-17, 2015.	National
50.	Saleem, I. & **Sultan, S.** (2015). Impact of Behavioral Problems and Exposure to Flood on Life Satisfaction among Adolescent: A Study in Southern Punjab Pakistan. 1st National Conference "Indigenizing Clinical Psychology: Issues & Challenges", University of Management & Technology, Institute of Clinical Psychology, Lahore, December, 16-17, 2015.	National
51.	Saleem, A. & **Sultan, S.** (2016). Association of gratitude with protection and risk factors among students: evidence for a mediation model of academic achievement. Paper presented at 1st International Conference on Current Trends in Psychology, Pakistan Psychological Association & Department Of Applied, BZU Multan, March 31, 2016.	International (in Pakistan)
52.	**Sultan, S.**, Anwar, M. K. & Kanwal, S. (2016). Impact of Cognitive Processing Therapy on Mental Health of People Exposed to Flood. Paper presented at 1st National Conference, Department of Psychology, University of Faisalabad, April 28-29, 2016.	National
53.	Rafiq, S. & **Sultan, S.** (2016). Contribution of Alexithymia in Social Adjustment: Mediating Role Orderly Played by Parental Bonding. Paper presented at 1st National Conference on Emerging Trends & Challenges in Social Sciences, Department of Sociology, Bahauddin Zakriya University, Multan, November 15-16, 2016.	National
54.	Ashraf, M. & **Sultan, S.** (2016). A Heavy Toll on Mental Health of Females Incurred through Flood. 1st National Conference on Emerging Trends & Challenges in Social Sciences, Department of Sociology, Bahauddin Zakriya University, Multan, November 15-16, 2016.	National
55.	Fatima, S. &**Sultan, S.** (2016). Enhancing Social Skills in Children with Autism Spectrum Disorder Through the Implementation of Superheroes Social Skills Program. Paper presented at International Conference on Psychology & Gender in Perspective Issues & Challenges, NIP Quaid-e-Azam University Islamabad, December 2-3, 2016.	International (in Pakistan)
56.	Amin, M., **Sultan, S.** & Fatima, S. (2016). Treatment Motivation and Hopelessness Before and After Percutaneous Coronary Intervention among Cardiac Patients. Paper presented at 1st National Conference on Emerging Trends, Challenges, & Implementation of Psychology in Comunity. Department of Applied Psychology, University of Gujrat, December 8-9, 2016.	National

57.	Saleem, I. &**Sultan, S.** (2016). Friendship Expectation as Predictor of Friendship Adjustment and Social Functioning among Adolescents. Paper presented at 1st National Conference on Emerging Trends, Challenges, & Implementation of Psychology in Community. Department of Applied Psychology, University of Gujrat, December 8-9, 2016.	National
58.	Saqib, M. S. & **Sultan, S.** (2017). Cultural Translation, Adaptation and Cross Validation of Work Related Basic Need Satisfaction Scale. Paper presented at 1st International Conference Clinical Psychology and the Developing World: Issues, Challenges and Solutions, Institute of Clinical Psychology University of Management and Technology, Lahore, March 9-10, 2017.	International (in Pakistan)
59.	Sadiq, A. & **Sultan, S.** (2017). Gratitude Broadening Problem-Solving Strategies through Personality Traits. Paper presented at 1st International Conference Clinical Psychology and the Developing World: Issues, Challenges and Solutions, Institute of Clinical Psychology University of Management and Technology, Lahore, March 9-10, 2017.	International (in Pakistan)
60.	Khalid, S., **Sultan, S.** & Muneer, R. (2017). Translation, Adaptation, and Validation of Mental Health Inventory. Paper presented at 1st International Conference Clinical Psychology and the Developing World: Issues, Challenges and Solutions, Institute of Clinical Psychology University of Management and Technology, Lahore, March 9-10, 2017.	International (in Pakistan)
61.	**Sultan, S.** & Kanwal, F. (2017). Factors Associated with Delinquency; An Analysis of What Contribute the Most in Delinquent Behavior at School. Paper presented at 5th Academic International Conference on Interdisciplinary Legal Studies, University of Oxford; St. Anne's College Oxford, United Kingdom, March 13-15, 2017.	International (UK)
62.	**Sultan,** S., Fatima, S.& Kanwal, F. (2017).Treating Heart Disease by Managing Marital Conflict among Female Patients with CHD through Cognitive Behavioral Couple Therapy. Paper presented at 2nd International Conference on Cardiovascular Medicine and Cardiac Surgery, Doubletree by Hilton Hotel London - Ealing, 2-8 Hanger Lane, Ealing, W5 3HN, United Kingdom, March 15-16, 2017.	International (UK)
63.	**Sultan, S.**, Kanwal, F. & Gul, S. (2017). Giving Versus Receiving Social Support: An Analysis of What Contributes the Most to Favorable Life Outcomes. Paper presented at 18th International Conference on Social Sciences & Humanities, University of Washington - Rome Center (UWRC), Piazza del Biscione 95, 00186 Roma, Italy, June 8-9, 2017.	International (Italy)
64.	**Sultan, S.**, Anwar, M. K. & Kanwal, F. (2017). Spiritual Intelligence Linking to Leadership Effectiveness Interceding Role of Personality Traits. 18th International Conference on Psychology & Behavioral Sciences 8-9 June, University of Washington - Rome Center (UWRC), Piazza del Biscione 95, 00186 Roma, Italy, June 8-9, 2017.	International (Italy)
65.	Khakwani, F., **Sultan, S.**& Rashid, S. (2017). Perceived Autonomy Support and Psychological Problems among Cardiac Patients: Interceding Role of Treatment Motivation. Paper presented at 9th National Symposium on Depression: Depression Lets' Talk, Department of Psychiatry and Behavioral Sciences, College of Medicine Rawal Institute of Health Sciences Islamabad. In collaboration with Pakistan association for Social Psychiatry (PASP) at Pearl Continental Hotel, Rawalpindi, September 16, 2017.	National
66.	**Sultan, S.**, Fatima, S. & Kanwal, F. (2017). Treating Heart Patients by Enhancing Positive Emotions through Positive Psychology Intervention. Paper presented at 2nd Int' IPPS Conference on Theme of Health, Happiness & Positive Psychology, Pakistan Psychological Society The Grand Regency Hotel, Bahawalpur, November 4, 2017.	International (in Pakistan)
67.	**Sultan, S.**, Kanwal, F. & Saqib, M. S. (2017). Indirect Effect of Gratitude in reducing risk of suicidal ideations through Optimism and Positive Affect. 2nd Int'IPPS Conference on Theme of Health, Happiness & Positive Psychology, Pakistan Psychological Society, The Grand Regency Hotel, Bahawalpur, November 4, 2017.	International (in Pakistan)

68.	**Sultan, S.**, Kanwal, S. & Khakwani, F. (2017). Appreciation Uniquely Predicts Employees' Job Performance Above Demographics, Commitment, and Organizational Justice. Paper presented at 2nd Int'IPPS Conference on Theme of Health, Happiness & Positive Psychology, Pakistan Psychological Society,The Grand Regency Hotel, Bahawalpur, November 4, 2017.	International (in Pakistan)
69.	**Sultan, S.**, Kanwal, S. & Khakwani, F. (2017). Emotional & Academic Development of Adolescents under Single Gender Parenting. Paper presented at International Conference on Gender, Human Rights & Islam. Department of Sociology, Bahauddin Zakariya University, Multan, November 23-24, 2017.	International (in Pakistan)
70.	Sultana, K. & **Sultan, S.** (2017). Mediating Effect of Assertiveness on the Relationship between Generativity and Wellbeing. Paper presented at International Conference on Health and Wellbeing, Department of Applied Psychology, Lahore College for Women University, Lahore, December 11-13, 2017.	International (in Pakistan)
71.	Kanwal, F., **Sultan, S.** & Fatima, S. (2017). Meditational Pathways between Gratitude and Physical Health by Gender, Age, Personality Traits and Psychological Health. International Conference on Health and Wellbeing, Department of Applied Psychology, Lahore College for Women University, Lahore, December, 11-13, 2017.	International (in Pakistan)
72.	**Sultan, S.**, Fatima, S. & Kanwal, F. (2017). Character Strength of Gratitude: A Buffer Against Physical, Mental and Behavioral Risks. International Conference on Health and Wellbeing, Department of Applied Psychology, Lahore College for Women University, Lahore, December 11-13, 2017.	International (in Pakistan)
73.	**Sultan, S.**, Fatima, S. & Kanwal, F. (2017). Factors Associated with Caregivers Burden: Do Coping Strategies Make Any Difference? Paper presented at National Conference of Psychology (NCP-2017). Emerging Social and Mental Health Issues in Society. Department of Psychology, Lahore Garrison University, Lahore, December 12-13, 2017.	National
74.	Rashid, S., Nazar, S. & **Sultan, S.** (2017). Coping Strategies Mediating the Role of Type A Behavior in Quality of Life of Heart Patients. Paper presented at National Conference of Psychology (NCP-2017). Emerging Social and Mental Health Issues in Society, Department of Psychology, Lahore Garrison University, Lahore, December 12-13, 2017.	National
75.	Irshad, S. & **Sultan, S.** (2017). Impact of Stress Inoculation Training on Mental Health of People Exposed to Flood. Paper presented at National Conference of Psychology (NCP-2017). Emerging Social and Mental Health Issues in Society, Department of Psychology, Lahore Garrison University, Lahore, December, 12-13, 2017.	National
76.	**Sultan, S.**, Kanwal, F. & Anwar, M. K. (2018). Understanding When Attitudes towards School Leads to School Commitment: Role of Classroom Climate. Paper presented at National Conference Promoting Mental Health in Schools: A Way Forward, Institute of Clinical Psychology University of Management and Technology, Lahore, March 17, 2018.	National
77.	**Sultan, S.,** Fatima, S. & Kanwal, F. (2018). Enhancing Social Skills in School Children with Low Self-esteem through the Implementation of Superheroes Social Skills Program. Paper presented at National Conference Promoting Mental Health in Schools: A Way Forward, Institute of Clinical Psychology University of Management and Technology, Lahore, March 17, 2018.	National
78.	**Sultan, S.**, Kanwal, F. & Gul, S. (2018). Work-Family Conflicts: Does Social Support Make Differences in Job and Family Satisfaction among Employees. Paper presented at Interdisciplinary Conference in Psychology, University of Ottawa, School of Psychology, Faculty of Social Sciences 136 Jean Jacques Lussier Vanier Hall Ottawa, Ontario, Canada K1N 6N5 Ottawa Canada, May 17-18, 2018.	International (Canada)
79.	Kalsoom, T., Saqib, M. S. & **Sultan, S.** (2018). The Impact of Curiosity and Explora-	International (in Pakistan)

	tion on Personal Growth and Life Satisfaction among University Students. Paper presented at 7th International Conference on Positive Psychology: Developing A Flourishing Community, Institute of Psychology (NIP), Quaid-e-Azam University, Islamabad, November, 29-30, 2018.	
80.	**Sultan, S.**, Fatima, S. & Kanwal, F. (2018). The Role of Emotional Intelligence and Social Support in Adaptive Career Progress among Pakistani Youth. Paper presented at 7th International Conference on Positive Psychology: Developing A Flourishing Community, Institute of Psychology (NIP), Quaid-e-Azam University, Islamabad, November 29-30, 2018.	International (in Pakistan)
81.	**Sultan, S.** & Kanwal, F. (2018). Moderating Role of Personality Traits in the Relationship between Religious Practices and Mental Health. Paper presented at 3-Day International Conference on Gender, Religion and Culture in Psychology: Issues, Challenges and Prospects, Department of Psychology, GC University Lahore, December, 17-19, 2018.	International (in Pakistan)
82.	**Sultan, S.** Fatima, S., & Ahmad, H. B. (2019). Analyzing State of Despair in End-of-Life Cancer Patients: Do the Quality of Care and Satisfaction with Treatment Matter? Paper presented at International Conference of Applied Psychology, Practices & Interventions ICAP, Institute of Applied Psychology, University of Punjab, Lahore, February 6-8, 2019.	International (in Pakistan)
83.	**Sultan, S.** Kanwal, F. & Shabbir, S. (2019). Health Benefits of Giving vs. Receiving Support, Paper presented at International Conference of Applied Psychology, Practices & Interventions ICAP, Institute of Applied Psychology, University of Punjab, Lahore, February 6-8, 2019.	International (in Pakistan)
84.	**Sultan, S.** Parveen, S., & Kanwal, S. (2019). *Adolescents' Food Habits and their Mental Health: A Bidirectional Effect.* Paper presented at 4th International Conference Food and Nutritional Security in Changing Climate, Institute of Food Sciences and Nutrition, Bahauddin Zakariya University Multan, March 3-4, 2019.	International (in Pakistan)
85.	Akram, K. & **Sultan, S.** (2019). Moderating role of Personality Traits between the relationship of Academic Procrastination and Perfectionism. Paper presented at 2nd International Conference on Preventative Strategies in Clinical Psychology: Preemption and Proaction, Institute of Clinical Psychology, UMT Lahore, March 13-14, 2019.	International (in Pakistan)
86.	**Sultan, S.,** Kanwal, S., Anwar, M. K. (2019). Moderating Effect of Social Support between the Relationship of Emotional Intelligence and Mental Health. Paper presented at 1ST National Conference of Psychology For Sustainable Community: Challenges and Trends, Department of Psychology, University of Sargodha, Sargodha, March 19-20, 2019.	National
87.	**Sultan, S.,** Kanwal, S., Anwar, M. K. (2019). Examining the Effect of Work Engagement on Employees' Work Performance through Cultural Intelligence Paper presented at 1st National Conference of Psychology For Sustainable Community: Challenges and Trends, Department of Psychology, University of Sargodha, Sargodha, March 19-20, 2019.	National
88.	**Sultan, S.,** Kanwal, S., Anwar, M. K. (2019). Psychological Detachment from Work during Break-time as a Predictor of Improved Work Engagement and Mental Health among Bankers. Paper presented at 1st National Conference of Psychology For Sustainable Community: Challenges and Trends, Department of Psychology, University of Sargodha, Sargodha, March 19-20, 2019.	National
89.	Shabbir, S., Safdar, T., & **Sultan, S.** (2019). Spirituality and Life Satisfaction among Cardiac Patients: Mediating Role of Gratitude. Paper presented at Riphah Institute of Clinical and Professional Psychology (RISPP). Riphah International University, Lahore,	International (in Pakistan)

	Pakistan, September 24-26, 2019.	
90.	**Sultan, S.,** Kanwal, S., & Kanwal, F., & Anwar, M. (2019). Minifying the Academic Burnout among Religious and Non-religious Students through Cognitive Behavior Therapy. Paper presented at Riphah Institute of Clinical and Professional Psychology (RISPP). Riphah International University, Lahore, Pakistan, September 24-26, 2019.	International (in Pakistan)
91.	**Sultan, S.,** Awan, I., & Aslam, Y. (2019). Religiosity Really Matters: Outcomes of Positive and Negative Religious Coping among Students awaiting Term Results. Paper presented at Riphah Institute of Clinical and Professional Psychology (RISPP). Riphah International University, Lahore, Pakistan, September 24-26, 2019.	International (in Pakistan)
92.	Farooq, U., Anwar, M. K., **Sultan, S.,** & Saleem, M. (2019). Personality Traits as Moderator between Mindfulness and Academic Stress. Paper presented at 2nd International Conference on Social Sciences and Humanities, Kinnaird College for Women Lahore, Pakistan, October 24-26, 2019.	International (in Pakistan)
93.	**Sultan, S.,** Husain, I., & Kanwal, F. (2020). Individual vs. Collaborative Learning: A Strategy for Promoting Social Skills and Academic Confidence among Students. Paper presented at International Conference on Teaching and Learning (ICOTAL, 2020), Department of Education, The Islamia University Bahawalpur, March 5-6, 2020.	International (in Pakistan)
94.	**Sultan, S.,** Shafiq, N., & Shafiq, M. (2020). Exercising Positive Coping Strategies for Math Anxiety: A Case for Pakistani Elementary School Female Students. Paper presented at International Conference on Teaching and Learning (ICOTAL, 2020), Department of Education, The Islamia University Bahawalpur, March 5-6, 2020.	International (in Pakistan)
95.	Fatima, N., Anwar, M.K., Saleem, M., **Sultan, S.,** & Hussain, F. (2020). The impact of self-control on work-stress through mediating role of regulatory focus among employees. Paper presented at International Conference on Teaching and Learning (ICOTAL, 2020), Department of Education, The Islamia University Bahawalpur, March 5-6, 2020.	International (in Pakistan)
96.	Ajmal, A., Anwar, M.K., Saleem, M., **Sultan, S.,** & Hussain, F. (2020). How aggression affect self-compassion among adolescents. Paper presented at International Conference on Teaching and Learning (ICOTAL, 2020), Department of Education, The Islamia University Bahawalpur, March 5-6, 2020.	International (in Pakistan)
97.	Yaseen, M., Saleem, M., Anjum, H., Khan, A. D.& **Sultan, S.,** & Hussain, F. (2020). Impact of Forgiveness and Positive Emotion in Promoting Mental Health of Undergraduates. Paper presented at International Conference on Teaching and Learning (ICOTAL, 2020), Department of Education, The Islamia University Bahawalpur, March 5-6, 2020.	International (in Pakistan)
98.	**Sultan, S.,** Saleem, M., & Khan, A.D. (2020). Impact of Life Skills on Academic Benefits of Adolescents in Schools: Gender Variations in Focus. Paper presented at International Conference on Teaching and Learning (ICOTAL, 2020), Department of Education, The Islamia University Bahawalpur, March 5-6, 2020.	International (in Pakistan)
99.	**Sultan, S.,** Shabbir, S., & Kanwal, S. (2020). The Craze of Social Media Hosting the Question Regarding its Impact on Youth. Paper presented at International Conference on Teaching and Learning (ICOTAL, 2020), Department of Education, The Islamia University Bahawalpur, March 5-6, 2020.	International (in Pakistan)
100.	**Sultan, S.,** Zainab, S.R.G., Hussain, M. S., Aleem, S. (2020). Effects of Online Education and Social Distancing during Covid-19. Paper presented online Meritorious Multidisciplinary Virtual Conference (IMMVC, 2020), Meritorious Research Group, Multan. August 16-19, 2020.	International (in Pakistan)
101.	**Sultan, S.,** Waheed, A., & Hussain, A. (2020). Emotional Responses and Personal Copings of Frontline Healthcare Workers in Wake of Covid-19. Paper presented online International E-Conference on Psychosocial Wellness & Rehabilitation: Challenges for Practitioners during Pandemic (ICPWR, 2020), Institute of Clinical Psychology, University of the Punjab, Lahore, December 02-03, 2020.	International (in Pakistan)

102.	**Sultan, S.,** Waheed, A., & Hussain, A. (2021). Motivational Factors Controlling Psychological Impact of COVID-19 among Frontline Medical Staff. Paper presented at International Online Medical Sociology Annual Conference, Department of Sociology, Bahauudin Zakariya University, Multan, January 04-05, 2021.	International (in Pakistan)
103.	Najma, R., & **Sultan, S.** (2021). Impact of Procrastination on Mental Wellbeing and Academic Achievement: Role of Academic Self-efficacy. Paper presented at International E-Conference on Health Psychology (ICHP-2021), Department of Applied Psychology, Bahauddin Zakariya University, Multan, March 18-20, 2021.	International (in Pakistan)
104.	Khan, S., & **Sultan, S.** (2021). Dental Anxiety Predicting Dental Attendance: Exploring Mediating Effect of Cynical Hostility. Paper presented at International E-Conference on Health Psychology (ICHP-2021), Department of Applied Psychology, Bahauddin Zakariya University, Multan, March 18-20, 2021.	International (in Pakistan)
105.	**Sultan, S.,** Waheed, A., & Riaz, S. (2021). Understanding When Caregivers's Burden Affects their Wellbeing: Role of Coping Styles. Paper presented at International E-Conference on Health Psychology (ICHP-2021), Department of Applied Psychology, Bahauddin Zakariya University, Multan, March 18-20, 2021.	International (in Pakistan)
106.	**Sultan, S.** & Kanwal, F. (2021). Examining the Mediating Role of Academic Resilience in Meanings of Education and Academic Achievement. Paper presented at 2nd International Meritorious Multidisciplinary Virtual Conference, Islamic Search Centre, Punjab University, Lahore, September 24, 2021.	International (in Pakistan)
107.	Ehtisham, M., **Sultan, S.,** & Kanwal, F. (2021). Factors of Selfie Addiction Leading to the Symptoms of Body Dysmorphic Disorder among Female Adolescents. Paper to be present at 8th International Conference, "Mental Health and Productivity: The Emerging Challenges for Youth" Virtual Conference. National Institute of Psychology, *Center of Excellence*, Quaid-i-Azam University, Islamabad, Pakistan, October19-20, 2021.	International (in Pakistan)
108.	**Sultan, S.** (2022). Analysis of Effectiveness of Intervention by Removing Self & Social Stigma of Addiction. Paper presented at International Conference on Substance Abuse, Prevention and Treatment, National University of Medical Sciences NUMS, Rawalpindi, June 11, 2022.	International (in Pakistan)
109.	Motasem, M., **Sultan, S.** Anwar, M. K., & Batool, I. (2022). Impact of Social Media Addiction and Cognitive Distortion on Gratitude and Psychological Burden. Paper presented at 6th International Congress on Life, Social, and Health Sciences in a Changing World, Istanbul Turkey, July 02-03, 2022.	International (Turkey)
110.	**Sultan, S.,** Anwar, M. K., Sadaf, A., Ayub, U., & Sajid, M. (2022). Impact of Parenting Styles on Victimization and Anti-Social Behavior of Children. Paper presented at 9th International Conference on Trauma, Abuse, and Violence: Thriving for a World Without Torture, National Institute of Psychology NIP, Quaid-e-Azam University, Islamabad. July 23, 2022.	International (in Pakistan)
111.	**Sultan, S.** (2022). Perceived Public Stigma and Attitudes towards Seeking Psychological Help among Pakistani People. Paper presented at 2nd International Conference on Interdisciplinary Approach in Social Sciences "Mental Health for All: Social Determinants, Challenges, and Sustainable Remedies" Department of Applied Psychology, The Islamia University of Bahawalpur, Pakistan. November 22-23, 2022.	International (in Pakistan)
112.	**Sultan, S.,** Mirza, M., & Kanwal, F. (2022). Image of God and Religious Orientations as the Hidden Drivers of Mental Health among Adults. Paper presented at International Conference on Contemporary Issues in Sociology and Public Health. Department of Sociology, Bahauddin Zakariya University Multan. November 25-26, 2022.	International (in Pakistan)
113.	**Sultan, S.,** & Salman, R. (2023). Mediating Role of Delegating Leadership Style between Openness Personality Type and Glass Ceiling Effect among Educators. Paper presented at 2nd EURASIA International Scientific Research and Innovation Congress. Anka-	International Turkey

	ra, Turkey. September 06-08, 2023.	
114.	Sarfraz, S., **Sultan, S.,** & Latif, H. (2023). Workplace Stress & Mental Health Issues among Police Officer: Analyzing the Effects of Personal Protective Factors. Paper presented at UMTEB XIV International Scientific Research Congress. Naples Italy. September 14-15, 2023.	International Italy
115.	Najaf, E,D., **Sultan, S.,** & Mirza, M. (2023). Parental Control and Distress Tolerance among University Students: Role of Emotional Regulation. Paper presented at 14th International Psychological Conference, Pakistan Psychological Association. AlHamra Hall, Lahore. November 25, 2023.	International (in Pakistan)
116.	**Sultan, S.** (2024). Indigenous Perspective of Theory and Practice, 1st Kohsar National Conference on Psychology, Murree. July 04-07, 2024.	National
117.	Noor, R., & **Sultan, S.** (2024). Impact of Parental Pressure on Psychological Health of Young Job Seekers: A Serial Mediation Model through Financial Hardship and Economic Threat. Paper presented at 3rd International Conference on Mental Health & Psychotherapies: Unveiling Gender Based Stigma. Dept. of Psychology, Hazara University Mansehra. Sep 19-20, 2024.	International (in Pakistan)
118.	Batool, A., **Sultan, S.,** & Shafiq, A. (2024). Analyzing the Effect of PQ4R Learning Intervention on Learning Outcomes and Retention of Slow Learner Students across the Reading Phase. Paper presented at 1st International Conference on Intergenerational Transfer of Mental Illness: Patterns of Risk & Protective Factors. Dept. of Applied Psychology, Govt. College University Faisalabad. Oct 16-18, 2024.	International (in Pakistan)
119.	**Sultan, S.** (2024). Optimizing Research Validity: The Importance of Precise Measurement. A Keynote speech delivered at 1st International Conference on Intergenerational Transfer of Mental Illness: Patterns of Risk & Protective Factors. Dept. of Applied Psychology, Govt. College University Faisalabad. Oct 16-18, 2024.	International (in Pakistan)
120.	**Sultan, S.** (2024). Digital Shadows: Breaking the New Frontiers of Cybercrime . Keynote Speech at 10th International Conference on Cyberpsychology and Mental Health: Challenges, Trends, and Solutions. National Institute of Psychology, Quaid-i-Azam University, Islamabad, Nov 28-29, 2024.	International (in Pakistan)
121.	Aslam, Z., & **Sultan, S**. (2024). Impact of Alexithymia on Aggression: The Chain Mediating effect of Impulsivity and Emotional Dysregulation among prisoners. Paper presented at 15th International Conference on Navigating Applied Field of Psychology: Research, Practices, & Current Developments in Pakistan organized by Pakistan Psychological Association at Avari Hotel Lahore, Nov 07, 2024 - Jan 25, 2025.	International (in Pakistan)
122.	Shafiq, M., & **Sultan, S**. (2025). Juggling Roles, Battling Stress, The Hidden Cost for Informal Working Mothers. Paper presented at International Conference on Mental Health, Adolescents, & Integrated Islamic Values in Psychology, Dept. of Clinical Psychology, NUR International University. June 14, 2025.	International (in Pakistan)
123.	**Sultan, S.** (2025). AI and Teen Mental Health: The Pros and Cons. Keynote Speech at International Sci-Arts Conference, Women University Multan. Feb 17-18, 2025.	International (in Pakistan)
124.	Batool, A., & **Sultan, S**. (2026). Prevalence and Screening of Specific Learning Disabilities(SLDs) in Special Education Pakistan. Paper presented at 16th International Conference, Pakistan Psychological Association, Dept. of Applied Psychology, The Women University, Multan. May 07, 2026.	International (in Pakistan)
125.	Iqbal, R., & **Sultan, S**. (2026). Perceived Stigma and Well-being in Transgender Adults: The Mediating Pathway of Internalized Transphobia. Paper presented at 16th International Conference, Pakistan Psychological Association, Dept. of Applied Psychology, The Women University, Multan. May 07, 2026.	International (in Pakistan)
126.	Aitzaz, A., & **Sultan, S**. (2026). Role Of Meme Engagement, Psychological Well-Being And Coping Humor In Alleviating Youth Stress. Paper presented at 3rd International	International (in Pakistan)

	Conference on Social Sciences, Dept. of Applied Psychology, University of Southern Punjab, Multan. May 16, 2026.	
127.	Shafiq, M., **Sultan, S**., & Mehr, K. (2026). Traditional Gender Role Attitudes and Benevolent Sexism Among Young Women: The Mediating Role of Internalized Misogyny. Paper presented at 4th International Conference on Violence, Women University Multan. July 14-15, 2026.	
128.	Shafiq, M., & **Sultan, S**. (2026). A Single-Case Phenomenological Study of a Slow Learner Child with Paternal Substance Use Disorder. Paper presented at 4th International Conference Transforming Substance Use Care through Community, Hazara University, Mansehra KPK. October 23, 2026.	International (in Pakistan)
129.	Javed, A., & **Sultan, S**. (2026). Adolescent Substance Use and Mental Health: A Phenomenological Study of Psychosocial Experiences in South Punjab Paper presented at 4th International Conference Transforming Substance Use Care through Community, Hazara University, Mansehra KPK. October 23, 2026.	International (in Pakistan)

Theses Supervised

M.Phil (124), PhD (08), Postdoc (1)

PostDoc Research Supervision (01)

No	Title of Thesis	Student Name	Session	Status
1	Integrating Life Skills Education for Mental Health and Academic Benefits of Youth in Schools	Muhammad Saleem	2018-2019	Completed

PhD Research Supervision (08)

No	Title of Thesis	Student Name	Session	Status
1	Effects of Procrastination on Mental Health and Academic Achievement: Exploration Through Mediation Moderation Model	Rahat Ul Ain Najma Roll No. 14	2016-2020	Completed
2	A Study on Transformation of Health Literacy into Health Behavior through Mediation and Moderation Analysis of Psych-Social Factors among University Students	Saba Arshad	Fall 2021	Completed
3	A Study on Academic and Psychological Outcomes of Digital Literacy through a Moderated-Mediation Model among Prospective Teachers	Qurat-ul Ain Shams	Fall 2021	Completed
4	Supporting Learning Disabilities through Peer Tutoring: Academic and Psychological Benefits in Special Education Students	Aqsa Batool PHDAP-23-03	2023-2026 (Spring)	Submitted
5	Optimizing Academic Performance among Students: Role of Executive Functioning Skills, Mastery Goals and Personal Characteristics	Mehvish Shafiq PHDAP-23-04	2023-2026 (Spring)	In Progress
6	Emotional and Cognitive Pathways Linking High School Victimization and Mental Health Outcomes: A Moderated Mediation Model	Sabahat Nawaz PHDAP-23-09	2023-2026 (Spring)	In Progress
7	Psychological Mechanisms Underlying the Impact of Affiliate Stigma on Capability Well-being among	Sehrish Irshad PHDAP-23-03	2023-2026 (Fall)	In Progress

	Parents of Children with Autism Spectrum Disorder			
8	The Interplay of Burden, Self-Rumination, and Personal Resources: A Moderated Mediation Model of Caregiver Wellbeing	Shahida Perveen PHDAP-23-05	2023-2026 (Spring)	In Progress