

Dr. Sophiya UMAR

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PROFILE

A bright, conscientious and hard working individual with professional expertise and good communication skills. Able to work well on own initiative and as part of a team. Seeking a varied and challenging position within the teaching industry to utilize proficiency in this field. Capable to bring positive changes by holding strong national and international collaboration among various universities and institutes.

PROFESSIONAL EXPERIENCE

08.02.2019 - to-date

Principal Multan College of Fine Arts, University Bahauddin Zakariya – Multan (Pakistan)

- Deal with all types of administrative and academic issues
- Struggling for initiating PhD, M Phil, Diplomas along with other academic programs at MCA
- Working on various MOUs

13.12.2018 - to-date

Associate Professor Multan College of Fine Arts University Bahauddin Zakariya – Multan (Pakistan)

- Dealt with various academic issues to improve art education
- Worked on various international linkages and signed two MOUs in the best interest of the students and college
- Organised/participated in various national and international arts exhibitions/programs

30.04.2014 – 12.12.2018

Assistant Professor Multan College of Fine Arts University Bahauddin Zakariya – Multan (Pakistan)

- Was teacher-in charge of Multan College of Fine Arts in year 2014
- Delivered lectures on Arts History in and outside department
- Teaching various courses of drawing, painting, ceramics, etc. on bachelors, masters M Phil level
- Member of various committees on and off the campus
- Taught M Phill classes of DDE 2014

01.03.2015 – 08.02.2016

Visiting Lecturer at DDE (Directorate of Distance Learning Education) Bahauddin Zakariya University

- Taught the subject of Research Methodologies in arts and social sciences to M.Phil

2014 – 2016

Coordinator of Diploma in Art and Design Directorate of Distance Learning Education Bahauddin Zakariya University Multan, Pakistan

- Performed various administrative tasks for smooth running of the program
- Manage lectures

2009 – 2013

Assistant to Professor University Jean Monnet Saint-Etienne, France

- Manage lectures
- Performed various tasks assigned
- Interaction with foreign students, delegates, etc.

13.11.2004 – 15.05.2008

Lecturer of Fine-Arts University Bahauddin Zakariya – Multan (Pakistan)

- *Design, organization and conducting of courses in fine arts : painting, drawing, art history, photography*
- *Active participation in local training sessions*
- *Participation in educational and academic meetings*
- *Permanent member of various college committees*

Feb 2004 - April 2004

Lecturer of Fine-Arts Heritage College - Multan

- *Took arts classes of special children*
- *Rehabilitation of the special children through Arts*

2001 - 2004

Teacher of Fine-Arts Lahore Grammar School – Multan (Pakistan)

- *Courses for beginners and advanced level*
- *Coordinator arts programs*
- *Organizing cultural events*

1998 - 2001

Designer « *Artisans* » Lahore (Pakistan)

- *Designing*
- *Painting on glass and original stain glass*
- *Interior designing*

EDUCATION

2009 - 2013	PhD in Fine-Arts	Université Jean Monnet, Saint-Etienne - France (In very Honourable)
2008 - 2009	Masters in Fine-Arts	University Jean Monnet, Saint-Etienne - France (16/20)
1999 - 2001	Masters in Fine-Arts	Lahore College for women, Lahore - Pakistan (Roll of Honour)

DIPLOMAS

- Professional diploma in teacher's training in French language with mention assez bien (12.5/20) in DEFLU, Language Teaching program at Distance affiliated by the French University of Maine 2015-2016
- Passed the French exam of DELF DALF for French niveaux A1, Islamabad, Pakistan, 2015
- Completed 50 hrs course of French Language from l'école supérieure d'art et design de Saint Etienne, France, 2009-2010
- Attended 12 hrs course at L'Ecole d'Art and Design de Saint Etienne, France in May 2010
- Short French Language course of 98 hrs at IFRA/OFII June 2010
- Attended short course at Centre International de langue et civilisation Saint-Etienne, France in June 2009
- Took intensive French course from Cavilam, Vichy, France in 2008
- Took 72 hrs short course of French Language from Alliançase Française d'Islamabad, Pakistan in 2007
- Took short summer course of French language by NUML university Islamabad, Pakistan in 2007
- Diploma In Drawing from Punjab University, Lahore, in Year 1998-1999
- Took National Guard Training (NCC) Multan, Pakistan, in 1994-1996

HONOURS

- Received award being Chief Organizer of **PAMAS PAKISTAN-MALAYSIA strategic action plan Go Visible PAMAS 2022** on having an **MOU** between Malaysian, University international Technology Mara (UiTM) and Pakistan's Bahauddin Zakariya University (BZU) Multan held on 9th November 2022
- Established link between Alliance Française and MCA by having signed **MOU** in the best interest of the department MCA BZU and the region of South Punjab 2022
- Received award being Project Director of **Pakistan-Malaysia International Academic Exchange "PMIAX 2019"** under which program an **MOU** between Malaysian, University international Technology Mara (UiTM) and Pakistan's Bahauddin Zakariya University (BZU) Multan was signed for the very first time in the history of eighteen years of MCA
- Awarded with special award on 30th Annual and 14th National Exhibition 2016 by Punjab Artists' Association
- Awarded with best teacher award by *Aoo Parhao* team, An Express Media Group, 2015
- Awarded **Roll of Honor** in 2001 by LCWU on exceptional performance during academics
- Honour of being **HEC Approved Supervisor** in the field of Fine Arts

MEMBERSHIPS

- Member AICAD www.idealogyjournal.com <https://aicad.asia> Malaysia.
- Member of PFAN Pak-France Alumni Network.
- Member of AAP Artists' Association of Punjab.
- Member of THAAP forum of academic and professional development Lahore Pakistan.
- Member of TTS association APTTA

PUBLISHED RESEARCH PAPERS

Published Research paper: "Territorial Impact on My Art Work", published in: Asian Academic Research Journal of Social Sciences and Humanities in April 2016, Author: Dr. Sophiya Umar and M. Eric Vandecasteele, Volume-3, Issue- 4 pg. 192-207 ISSN: 2278-859X URL: <http://www.asianacademicresearch.org/april2016.html>, published in India

Published Research paper: "Water Above and Water Below", published in: International Journal of Advanced Research (Ijar) in December 2016, Author: Dr. Sophiya Umar and M. Eric Vandecasteele, Volume-4, Issue 12. pg. 2482-2492 ISSN: 2320-5407, impact factor: 5.336, <http://www.journalijar.com/>, published in USA

PAINTING EXHIBITIONS (Research Publications)

- **Pakistan**
Participated in AAP 35th Annual Art Exhibition held at Alhamra Art council Lahore on 1.01.2023
- **Malaysia**
Participated in AICAD International Virtual Art Group Exhibition 2021, held on line on 15 January 2022
- **Pakistan**
Curate/Organised **Solo** exhibition "Every Dark Cloud has a Silver Lining" at MCA, BZU Art Gallery, Multan on 20th October 2021
- **Pakistan**
Participated in a group show Anna Molka Award 2021 at Punjab University, Lahore on 26th August 2021 at Anna Molka Art Gallery
- **Pakistan**
Participated in 2nd Art & Design group exhibition on 30th & 31st July 2021 at Khawaja Freed UEIT Rahim Yar Khan University
- **Malaysia**
Participated and organized IVAE 2020, (on line) International virtual Art Exhibition (IVAE, 2020) group show held on 5th December 2020 at Cisco Webex virtual online platform. <https://art.kunstmatrix.com/en/artwork/sophiya-umar/illusionanges>

- **Pakistan**
Participated in 34th Annual group show 2020 by Artist Association of Punjab held on February 2020, at Alhumra Art Gallery, Lahore
- **Pakistan**
Curate/Organised/participated **First Pakistan-Malaysia International Exhibition 2019** “PMIAX 2019” group show at MCA, BZU on 14th February 2019
- **Pakistan**
Participated in a group show AAP, 33 Annual Art exhibition & 16th National exhibition 2019 “Past and Present” at Alhamra Lahore, 22 Feb 2019
- **Pakistan**
Curate/Organised **Solo** exhibition “Spiritual Journey” at IUB, UCAD Bahawalpur on 18th October 2018
- **Pakistan**
1st National Exhibition (group show) Alhamra National exhibition of visual arts “ Colors of Pakistan” at Al- Humra Art Gallery, Lahore 2018
- **Pakistan**
Curate/Organised and participated in a collaborative group show “Sangat” held at Art Gallery of Multan College of Fine Arts, Bahauddin Zakariya University, Multan on 9th May 2018
- **Pakistan**
Curate/Organised **Solo** exhibition “Celestial Ambiance” at Anna Molka Art Gallery, Punjab University, Lahore on 28th March 2018
- **Pakistan**
Curate/Organised and participated in a Group Photography Exhibition of Multan Photography Club (MPC) on 26th January 2018
- **Pakistan**
Participated in 32 Annual group exhibition 2018 held by Artist Association of Punjab on topic “Burma Burning Butchering” at Al-Humra Arts council Lahore
- **Pakistan**
Participated/Painting selected in 9th National Regional Exhibition 2017, held at Shakir Ali Museum by Pakistan National Council of the Arts (PNCA), Islamabad on 19th September 2017
- **Pakistan**
Curate/Organised **Solo** Exhibition at Art Gallery of Multan College of Fine Arts, Bahauddin Zakariya University, Multan, “Spiritual Identification” on 21st November 2017
- **Pakistan**
Held **Solo** show of paintings, on topic “Evolution of Art” at Al-Humrah Arts council Lahore Lahore on 06th September 2017
- **Pakistan**
Participated Regional group exhibition 2016 “Harappa to Lahore via Katas” held by Pakistan National Council of Arts at Shakir Ali Museum, Lahore Arts Council Lahore on 2016.
- **Pakistan**
Participated in 31st Annual National Exhibition of Painting 2017a group show, “Cotemporary National Landscape” held at Al-Hamra Art Gallery, Lahore on 2nd February 2017
- **Pakistan**
Curate/Organized and Participated in the painting group show “Islamic Art and Culture” at Multan College of Arts, Multan, on 6th December 2016
- **Pakistan**
Participated in a group show at Multan Arts Council, Zawar Hussain Gallery, Multan, 16th November 2016
- **Pakistan**
Participated in a group show at Multan Chamber of Commerce with Artists’ Association of Punjab Painting Exhibition 2016, on 18th April 2016

- **Pakistan**
Participated in a group show at Al-Hamra Arts Council, Lahore by Artists' Association of Punjab 30th Annual Exhibition of Art 2016, 14th National Show, on 27th Feb 2016 obtained "special award"
- **Pakistan**
Solo exhibition "Moods of Sky" at Multan Chamber of Commerce, Multan, on 26th December 2015
- **Pakistan**
Solo exhibition of paintings "Towards the Sky" at Multan College of Arts Gallery, Bahauddin Zakariya University, Multan, 16th March 2015
- **France**
Solo exhibition of paintings at Site Denis Papin, University Jean Monnet, 18th October 2013.
- **France**
Solo exhibition "Vers le Ciel" in University Library Hall, Tréfilerie Campus, 18th January 2012.
- **France**
Solo exhibition of paintings at Site Danis Papin University Jean Monnet, 2009
- **United Kingdom**
Participation in the group exhibition of the Art Society Brackley, UK, 9th July 2006
- **Pakistan**
Participated in the group show by the faculty members of Multan College of Arts, BZU Multan entitled "The Quest for Life", 2006.
- **Pakistan**
Exhibited paintings in the annual display of paintings a group show of renowned artist by Insignia, Lahore 2002
- **Pakistan**
Participated in Art Exhibition showing works of 15 artists at Al-Hamra cultural complex, Lahore 1st Oct 2001
- **Pakistan**
Participated in the group exhibition entitled "Art Extravaganza" Lahore, 2001
- **Pakistan**
Participated for the Annual Painting Group Exhibition at Lahore College for women, 2000 Lahore
- **Pakistan**
Participated in a group show "Art and Design" organized by silky paints, Lahore, 2000

ORGANIZED AND ATTENDED VARIOUS SEMINARS/ CONFERENCES /WORKSHOPS/ LECTURES AND PAINTING EXHIBITIONS

- Organized two day research seminar on topic "Contemporary Art and Modern trends" held on 19-20.05.2022
- Held workshop of Mr. Abdul Rehman lecturer NFCIET on topic "Portfolio Presentation" on 16th 17th March 2022
- Organized students' art exhibition on 8th March 2022 at Sociology dept. BZU on International women's day
- Organized two week student's painting exhibition at Multan College of Arts held on 21st Feb 2022
- Organized and Participated as a key note speaker in Perak International Art Symposium 2021 (PINTAS) on topic "Studio Based Research Approach in Arts and Design", also took the responsibility of Moderator (practicing Fundamental Art in Pandemic Era) in a conference held on 10th to 14th Jan 2022
- Participated as a key note speaker on topic "Industry within University" in 4th INDDX (International Degree Design Exchange Conference Malaysia) online on 12th & 18th August 2021

- Participated in online seminar on “World Art Day- 15th April” as a speaker at Department of Art and Design, The Women University, Multan on 15th April 2021
- Organized three day research seminar along with craft exhibition on topic “Traditional/modern miniature” by Ms. Maryam Irfan from NCA, and naqash Abdur Rehman at MCA, BZU on 8th, 9th and 10th March 2021
- Organized INTES (International Executive Seminar Virtual Program series 2020) November 2020 on topic “Response and Align to the Pandemic Crisis in the Higher Education Perspective” MCA BZU, UiTM
- Organized World Architecture day on 15th October 2020, at MCA BZU
- Participated in online dialogue on topic “Role of Youth and Student’s Platforms for the promotion of Peace Education” on 10th September 2020
- Participated in online dialogue on topic “Faculty Peace Forum as Model and Inspiration for The Promotion of Peace Narratives” on 14th September 2020
- Organized and Participated as a key note speaker in two day International Art Talk, on topic “Practicing Art and Design in the New Norms” on 22nd June - 29th June 2020 MCA BZU, UiTM.
- Organized Online exhibition of students on topic “Covid 19” on 6th May 2020 uploaded at the website of BZU
- Organized one day workshop on Residency of an artist by Mr. Imran Mudassar at MCA BZU on 19 April 2019
- Organized the United Nations Photo exhibition at MCA BZU on 16 April 2019
- Organized Solo show of Dr. Masooma Abass at MCA BZU held on 22 March 2019
- Held one day Seminar on “Hawalli’s of walled city Lahore” by Ms Rida Fatima and Mr. Anees Khan at MCA BZU on 11 March 2019
- Organized three day painting workshop by Mr. Ahmad Habib at MCA BZU on 18, 19, and 20 March 2019
- Organized and Participated as a key note speaker in two day international Seminar PMIAX 2019 at MCA, on topic “Need of curriculum development, MOUs, Arts Exhibitions, Teaching and future need for international linkages in the field of Arts and Humanities” in today’s world on 14th & 15th February 2019
- Organized one day workshop on “comic/illustration” by Dr. Shaukat Mehmood Maxim pride of performance on 15 October 2018
- Participated in two day International conference at Institute of Southern Punjab Multan, Pakistan on 8th and 9th September 2018
- Organized Two day seminar/workshop on “History and Modern Techniques of paintings in Punjab” by Ahmad Habib at MCA Multan on 26-28 April 2018
- Organized one week workshop on “Naqashi” technique by Muhammad Bakir at Multan College of Arts BZU, Multan from 23th – 28th April 2018
- Participated in two days curatorial workshop “ States of Opacity” organized by AIPS at Al-hamra Arts Council Lahore, Pakistan on 31st March and 1st April 2018
- Organized Poster Competition at Multan College of Arts Multan “Comic for Peace Tour 2018” on 27 Feb 2018
- Held lecture on topic “Pakistani Art Past and Present” by Mr. Nadeem Alam at MCA BZU on 06 Feb 2018
- Held two day workshop on “Painting Techniques” by Dr. Sumera Jawad (Asst Prof. PU) at MCA BZU on 5-7 Feb 2018
- Held Lecture at Safe Charity Practices by Ministry of Information, Broadcasting and National Heritage by Ms. Muneeza Butt at Multan College of Arts BZU Multan on 02 Feb 2018
- Participated in Multan literacy festival, Multan Pakistan as a spokesperson on the event of “Role of Women” held on 22 Jan 2018

- Organized Photography Exhibition of Multan Photography Club on 26 Jan 2018
- Held workshop on “Designing Career Dynamics and High way to Success” by Shaikh Waqar Tayyub at MCA on 15 Jan 2018
- Held lecture/seminar on “Dynamics of Career Success” by a motivational speaker Mr. Skaikh Waqar Tayyab Trainer Punjab IT board at MCA, BZU on 15 January 2018
- Held Lecture on “Miniatures’ evolution, techniques and materials” by Dr. Kanwal Khalid, associate professor Punjab University, Lahore at MCA, BZU on 21- 22 November 2017
- Held lecture on “Visual Arts” by Ms. Rida Fatima of NCA at MCA, BZU on 09 October 2017
- Held lecture on Suret-e-Rehman as a treatment for various illnesses by Ms Asima safdar and Mr. Saeed Ahmed, Educationist, at MCA on 11 May 2017
- Held two day workshop on ceramics conducted by Prof. Anees khan and Lecture Mr. Niazi from NCA Lahore at MCA on 17-18 February 2017
- Participated in ORIC BZU Multan work shop on “writing a successful research proposal” held on 23 August 2017
- Participated as a panellist, speaker and guest of honour in Southern Peace Conference “developing peace and tolerance through arts” at Institute of Southern Punjab, Multan Pakistan on 22 August 2017
- Participated in ORIC BZU Multan work shop on “High Performance Team Culture” held on 22 to 23 August 2017
- Participated in End Not and NVIVO Workshop held by ORIC BZU Multan on 10-11 May 2017
- Organised Annual Sports Gala 2016-17 at Bahauddin Zakariya University, Multan
- Held one day workshop and lecture on water colour technique and art works by a renowned artist Mr. Ahmad Habib from Lahore at MCA on 7 December 2016
- Held Workshop on “Islamic Calligraphy” conducted by International Calligraphist Rashid Sayal at MCA dated: 07 October 2016
- Held two day workshop at “Exclusive international” on 05 August 2015 on Fine-Arts&Design
- Held workshop on the technique of “Silver Leafing” conducted by Prof. Anees Khan from Lahore at MCA dated: 01 May 2016
- Held one day workshop on “Techniques of Oil Painting” conducted by Artist Prof. Saeed Akhtar from Lahore at MCA on 17 March 2015

France

- 38th Simplifying free management of its references with ZOTERO software 2011/2012
- Advanced Word (37Fonctions) for thesis writing (Docs UJM) 2011/2012
- Valorise his defence with Power Point 2011/2012
- Elements Modelling in Environmental Sciences " EMSE " 2010/2011
- Research documentation of Fine Arts doctoral thesis 2010/2011, Université de Lyon
- Analyses landscapes of geological , geomorphologic and geo-physique 2010/2011
- 58th Journée de Doctoral Collège of Saint Etienne (CDSE) 2010/2011
- Seminar école doctorale «Vers le ciel » presented by Sophiya Umar 28th April 2010 at University Jean Monnet France
- Sciences art. Analysis and interpretation of Fine arts 2009-2010
- In-between Arts 2009/2010
- Seminar 3 March 2009/2010
- The events in Arts 2009/2010
- L'évènement 2009/2010
- Seminar of Painting 2009/2010
- L'évènement Photography 2009/2010
- Interdisciplinary scientific colloque of the Institute Universities de France (IUF) Theme "

- Contact " 2009/2010
- The literature search law/letters/SHS 2009/2010
- Négociation 2009/2010
- Regards crossed the gender difference : Research and ideologies 2009/2010
- French (as a foreign language) 2009/2010
- Use of French Language for foreign students, advanced level, to write thesis 2008

United Kingdom

- Participation in the workshop on different techniques of Art - Presentation by Sir John Lord in Britain on 10 August 2006
- Attended workshop relating different art techniques by Sir John Lord in United Kingdom, 10th August 2006

Pakistan

- Participated in Women Councillors convention 2006 at Multan
- Attended work shop on Teaching Methods & learning Styles held in 2003 by Hania Haneef
- Attended work shop on Teaching Methods & learning Styles held in 2002 by Fatima Dar
- Participated in Art workshop organised by Farah Art Gallery held at Holiday Inn 2000

LIST OF COMMUNITY SERVICES

- External examiner and the jury member for the thesis of MS/M. Phil at Gov. College University Faisalabad 2022
- Participated as a Subject expert for scrutiny of Publications/Art Works in the field of Art & Design at GCU Faisalabad held on 26.08.2022
- Participated as a Subject expert in Selection Board of Women University Multan, held on 3.07.2022
- Member of BOS Women University Multan 2022
- Member of BOS of Humanities and social sciences at Khawaja Fareed UIT Raheem Yar Khan 2022
- Jury member for National Youth Award held on 4th Feb 2021
- Member of Technical Purchase Committee BZU 2020-21
- Member BOS of The Government Sadiq College, Women University Bahawalpur
- Member BOS and selection board at Sargodha University 2021
- External examiner and the jury member for the thesis of MS/M. Phil at Gov. College University Faisalabad 2021
- Member disciplinary committee at MCA, 2021
- Member BOS at Institute of Southern Punjab ISP Multan 2021
- Member technical committee for purchase of furniture and stationary items BZU, 04. 11. 2020
- Member PPSC for interview in Punjab public service commission October 2020
- Member committee USL (University sports league) BZU, 22. 04. 2019
- Member prospectus committee BZU 24. 04. 2019-2020-21
- Jury member at Crescent School system Multan for science exhibition, 10. 03. 2018
- Jury member at Garrison Academy Multan for Inter school Art Competition on 7. 11. 2018
- Jury member at Institute of Southern Punjab, Multan at an art exhibition "Student Art Showcase" on 05. 03. 2018
- Jury member at Design competition at e-rozgaar program chapter Multan, on 12. 02. 2018
- Jury member at poster competition at Emerson College Multan, on 30. 01. 2018
- Guest of Honour at Pakistan Cricket Board triangular one day women cricket tournament 2018 on 20. 01. 2018
- Taught Fine Arts classes to Muzaffar Ghar Women College for 3rd Semester 2018
- Member "Parks and Horticulture Authority Multan" 2018
- Guest at Waseb Tv morning show to discuss and deliver lecture on Fine Arts as a subject on 11.01.2018
- Delivered a motivational speech on workshop *L'Artifice*, held at Multan Chamber of Commerce, Multan on 15-17. 12. 2017

- Jury member in Painting competition held by NAB Multan
- Jury member for Annual Debates at SOS HG Higher Secondary School System, Multan on 28. 11. 2017
- Jury member for Annual Award at Beconhouse School system, Multan on 13. 11. 2017
- Member board of studies at Institute of South Punjab, Multan, 2017
- Jury member for event “Eve of Arts & Entrepreneurial Festival” at NUML University on 11. 10. 2017
- Delivered lecture at NCBA on “symbolism and visual language” on 7. 10. 2017
- Jury of PhD scholar at Lahore College for women Lahore 08. 08. 2017
- Co-supervisor of M. Phil student in Islamic studies at BZU 2017
- Member organizing committee Multan Literacy Festival, held by PHEC BZU, 03. 03. 2017
- Member Selection Board IUB 2016- till date (Islamia University of Bahawalpur)
- Member Board of Studies IUB (Islamia University of Bahawalpur) 2016 till date
- External examiner in Baluchistan Public Service Commission 2016
- External examiner in Multan Board 2016- till date
- Member Academic committee MCA BZU since 2017
- Member Organizing committee BZU
- Member Reception committee BZU
- Member Formulation committee BZU
- Diploma DDE program coordinator MCA BZU, 2014-2016
- Jury member in Painting competition held by NAB Multan 2017
- Jury member in Painting competition held by Individual Land on District level to promote Peace in the area
- Member Garrison Library Cantonment board Multan
- Member Sports committee BZU
- Worked as a Co-ordinator in Umeed Jawan project 2015
- Being Jury member presented my services in many civilian and army programs and received shields and certificates for my efforts

COMPITENCES AND SKILLS

Languages:	French, English, Urdu, Punjabi, Siraiki
Computer skills:	Word, Excel, PowerPoint, Outlook express End Note, Zotero

INTERNATIONAL EXPOSEURE

Visited various museums and art galleries of following countries:

- United States of America
- United Kingdom
- France
- Italy
- Germany
- Belgium
- Spain
- Netherlands/Holland
- Portugal
- Switzerland

INTERESTS

Fabric Painting, Quilting, Travelling, Mosaics, Music, Singing.