

Curriculum Vitae
Kamran Ishfaq, Ph.D.
HEC Approved Supervisor



Current Academic Position Professor of Sociology (BS-21)
Institution Affiliation Bahauddin Zakariya University Multan, Pakistan
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1. EDUCATION

- Post-Doctorate, Department of Sociology, University of Toronto, Canada, 2019
- PhD Sociology, University of Peshawar, Pakistan, 2015
- M.Phil Sociology, Bahauddin Zakariya University Multan, 2008
- Post Graduate Diploma in Hospital Management, Bahauddin Zakariya University Multan, 2007
- M.Sc Sociology, Bahauddin Zakariya University Multan, 2004

2. TEACHING AND ADMINISTRATIVE EXPERIENCE

- Chairman, Department of Sociology, Bahauddin Zakariya University Multan, Pakistan from 11.01.2026 to date.
- Director, Centre for Research in Sociology and Social Policy (CRSSP), Department of Sociology, Bahauddin Zakariya University Multan, Pakistan from 08-03-2024 to date.
- Professor of Sociology (BS-21), Department of Sociology, Bahauddin Zakariya University Multan from 02-09-2015 to date.
- Associate Professor (BS-20), Department of Sociology, Bahauddin Zakariya University Multan from 15-09-2017 to 02-09-2025.
- Director Students Affairs (Male) at Department of Sociology, Bahauddin Zakariya University Multan from 01-01-2023 to date.
- Chairman, Department of Sociology, Bahauddin Zakariya University Multan, from 10-01-2020 to 10-01-2023.
- Warden Abu-Bakar Hall (Boys Hostel), BZU Multan from 10-01-2022 to date.
- Assistant Professor (BS-19), Department of Sociology, Bahauddin Zakariya University Multan from 04-04-2016 to 14-09-2017.
- Social Welfare Officer (BS-17), The Children's Hospital & the Institute of Child Health Multan, Pakistan since 01-06-2005 to 04-04-2016.
- Visiting Lecturer, Department of Sociology, Gender Studies & Institute of Management Sciences, Bahauddin Zakariya University Multan since 01-01-2010 to 04-04-2016.

- Visiting Lecturer, Department of Sociology, National College of Business Administration & Economics (Multan Campus) 01-01-2013 to 12-01-2018.
- Coordinator, M.Sc Sociology, Directorate of Distance Education (DDE), Bahauddin Zakariya University Multan, June 2016 to December, 2018.
- Coordinator, M.Phil Sociology, Lahore Campus, Bahauddin Zakariya University Multan, January 2017 to 31 December 2022.
- Incharge Examination, Department of Sociology, Bahauddin Zakariya University Multan, March 2017 to 10-01-2023.
- Member disciplinary committee, Purchase committee, Admissions committee, Department of Sociology, Bahauddin Zakariya University Multan.

3. ACADEMIC HONORS AND AWARDS

- Awarded Post-Doctoral Fellowship by Punjab Higher Education Commission, Lahore, Pakistan (Batch III) 2018-2019 for University of Toronto, Canada.
- Awarded International Travel Grant by Punjab Higher Education Commission (PHEC) for paper presentation at Ryerson University, organized by Canadian Sociological Association, Toronto, Canada, 29 May-01 June, 2017.
- Awarded International Travel Grant by Higher Education Commission (HEC) Pakistan for paper presentation at University of York, UK, organized by British Sociological Association, 13-15 September 2017.
- Awarded research project Reference No 17101 entitled “Adding Fuel to the Fire: Devastating Effects of Environmental Racism after Pandemics on Health Disparities and Social Stress” having total cost of Rs. 4104450/- and project duration of 12 months under National Research Program for Universities (NRPU) by Higher Education Commission Pakistan as Co-PI in 2022.

4. EDITORIAL MEMBER OF RESEARCH JOURNALS

- Editor, Pakistan Journal of Sociology, Bahauddin Zakariya University Multan, Pakistan from 1st January 2020 to date.
- Associate Editor, Pakistan Journal of Social Science, Bahauddin Zakariya University Multan, Pakistan, HEC Recognized Y Category Journal from 01-07-2020 to 12.03.2024.
- Editorial Member of Rawal Medical Journal Pakistan, HEC Recognized Y Category Journal.
- Editorial Member of Isra Medical Journal, Pakistan, HEC Recognized Y Category Journal.
- Editorial Member of Pakistan Journal of Criminology, HEC Recognized Y Category Journal.
- Editorial Advisory Board Member of Pakistan Journal of Social Issues, University of Gujrat, HEC Recognized Y Category Journal.
- Member of National Advisory Board Member, Annals of Social Sciences & Perspective Journal, The Women University Multan, HEC Recognized Y

Category Journal.

5. MEMBER OF BOARD OF STUDIES

- Member of Board of Studies, Department of Sociology, University of Gujrat from 29-01-2021 to date.
- Member of Board of Studies, Department of Sociology, The Women University Multan from 31-12-2019 to date.
- Member of Board of Studies, Department of Sociology, Univeristy of Jhang, Pakistan from 01-02-2020 to date.
- Member of Board of Studies, Department of Sociology, Emerson University Multan from 19-08-2022 to date.

6. MEMBER OF ETHICAL REVIEW COMMITTEE

- Member of Ethical Review Committee of The Children's Hospital & the Institute of Child Health Multan, Pakistan from 01-01-2019 to date.

7. MEMBER OF DEPARTMENTAL TENURE REVIEW COMMITTEE (DTRC)

- Member of Departmental Tenure Review Committee (DTRC), Department of Sociology, The women University Multan from 01-04-2024 to date.

8. RESEARCH AND TEACHING INTEREST

- My core research interest includes "Principles of Sociology, Medical Sociology, Community Development and Social Mobilization, Social Welfare, Social Research Methods, Social Work, Gender Studies". I supervised BS, M.Sc, M.Phil and PhD dissertations within the areas of my expertise. My teaching focuses upon "Principles of Sociology, Social Research Methods, Gender Issue, Medical Sociology, Criminology, and Community Development and Social mobilization".

9. PUBLICATIONS

- 1) Naeem, S. B., Ahmed, S., & **Ishfaq, K.** (2013). Information needs and sources of doctors working at remote government health facilities in Pakistan. *Journal of Health Informatics in Developing Countries*,7(2),141-152.
- 2) **Ishfaq, K.**, Naeem, S. B., & Ali, J. (2013). Socio-Economic Factors of Thalassemia Major on Patients' families: A Case Study of The Children's Hospital And The Institute of Child Health Multan, Pakistan. *International Journal of medical and Applied health*. 1(1),37-41.
- 3) Ahmad, T., **Ishfaq, K.**, & Naeem, S. B. (2013).Impact of physically disability of children on their families: A study of The Children's Hospital & the Institute of Child Health Multan, Pakistan, *International Journal of medical and Applied health*. 1(2)46- 51.
- 4) **Ishfaq, K.**, Shabbir, M., Naeem, S. B., & Hussain, S. (2015). Impact of Thalassemia Major on Patients; Families in South Punjab, Pakistan. *Professional Medical Journal*, 22(5),582-589. X Category Journal recognized by HEC, Pakistan.
- 5) **Ishfaq, K.**, Ali, A. A., & Hashmi, M. (2015). Mothers' Awareness and

Experiences of Having a Thalassemic Child: A Qualitative Approach. *Pakistan Journal of Social Sciences (PJSS)*, 35(1), 109-121, Y Category Journal recognized by HEC, Pakistan.

- 6) **Ishfaq, K.**, Naeem, S. B., ahmad, T., & Zainab, S. (2016). Psycho-Social and Economic Impact of Thalassemia Major on Patients' Families. *Isra Medical Journal*, 8(1), 24-27. X Category Journal Recognized by HEC, Pakistan.
- 7) **Ishfaq, K.**, Ahmad, T., Naeem, S. B., Ali, J., & Zainab, S. (2016). The Knowledge of Parents having Thalassemia Child. *Isra Medical Journal*, 8(2), 79-82, X Category Journal Recognized by HEC, Pakistan.
- 8) Khan, S; Iqbal, I; Sheikh, M.A; **Ishfaq, K**; Babar, Z.U.D. (2016). Detection of Thalassemia Trait in Family Members of Children having Beta-Thalassemia and its Role in the Prevention of Thalassemia, *Pakistan Pediatric Journal*, 40(2), 100-103, X Category Journal Recognized by HEC, Pakistan.
- 9) Khan S, Iqbal I, Arshad R, **Ishfaq K.** (2015) Breast feeding; awareness and complementary feeding in mothers of children with severe acute malnutrition at nutrition stabilization centre children hospital and institute of child health Multan. *Professional Medical Journal*, 22(12), 1531-1534. DOI: 10.17957/TPMJ/15.3030. X Category Journal recognized by HEC, Pakistan.
- 10) Chaudhry, M. S., Niaz, U., **Ishfaq, K.**, Hussain, S., & Naseem, S. (2016). Impact of Exclusion of Poor Communities on Social Development: A Study of District Lodhran in Southern Punjab (Pakistan). *Mediterranean Journal of Social Sciences*, 7(1 S1), 369.
- 11) **Ishfaq, K.**, Naeem, S.B., Ali, J., Zaiab, B. (2016). Assessing Parental Knowledge about Thalassemia, *Pakistan Pediatric Journal*, 40(4), 232-36. X Category Journal Reconnized by HEC, Pakistan.
- 12) **Ishfaq, K.**, Ahmad, T., Naeem, S. B., Ali, J., & Zainab, S. (2016). The Knowledge of Parents having Thalassemia Child. *Isra Medical Journal*, 8(2), 79-82, X Category Journal Recognized by HEC, Pakistan.
- 13) **Ishfaq, K**; Bhatti, R; Naeem, S.B. (2017). A Comparative Analysis of E-book Use among Undergraduate Medical Students with Respect to Gender, *Medical Forum Monthly*, 28(4), 116-20. Y Category Journal recognized by HEC, Pakistan.
- 14) Treatment Outcome of Severe acute Malnutrition in children at Nutrition Stabilization Centre Multan Using WHO Guidelines, *Isra Medical Journal*, 9(2), 59-61, X Category Journal Recognized by HEC, Pakistan.
- 15) Naeem, SB, Bhatti, R, **Ishfaq, K.** (2017). Nurses' Attitude and belief towards

- evidence-based nursing practices in tertiary care hospitals of Multan, Pakistan, *Isra Medical Journal*, 9(2), 101-105, X Category Journal recognized by HEC, Pakistan.
- 16) Ahmad, T, **Ishfaq, K**, Mushtaq, A. (2017). Breast Cancer Screening Practices among Female Nurses: A Study of Public Hospitals of Southern Punjab, Pakistan, accepted, *Isra Medical Journal*, 9(4), 244- 47, X Category Journal Recognized by HEC, Pakistan.
 - 17) Siddique, K; Malik, R; Usman, A; **Ishfaq, K**. (2017). Gender, Socioeconomic Status and Health Behaviors of Type II Patients in Diabetes Management in Multan, *Pakistan, Isra Medical Journal*, 9(3), 141-48. X Category Journal recognized by HEC, Pakistan.
 - 18) Batool, **I**; **Ishfaq, K**; Bajwa, R, S. (2017). Psychosocial Burden among Thalassemia Major Patients: An Exploratory Investigation of South Punjab, *Pakistan, Pakistan Pediatric Journal*, 41(3): 158-62. X Category Journal recognized by HEC, Pakistan.
 - 19) Naeem, S. B., Bhatti, R., & **Ishfaq, K**. (2017). Barriers to Evidence Based Nursing Practices in Tertiary Care Hospitals. *Pakistan Library & Information Science Journal*, 48(3). Y Category Journal Recognized by HEC, Pakistan.
 - 20) Bin Naeem, S., Bhatti, R., & **Ishfaq, K**. (2017). Nurses' use of Information Sources during Nursing care Decisions. *Pakistan Library & Information Science Journal*, 48(2). Y Category Journal Recognized by HEC, Pakistan.
 - 21) Jadoon, M.A; Khan, Z; Khan, A; Alam, A; **Ishfaq, K**. (2017). Assessment of Hypertension among the patient from district Peshawar with reference to their awareness level and education, *Isra medical journal*, 9(1), 244-47. Y Category Journal Recognized by HEC, Pakistan.
 - 22) **Ishfaq, K**, Diah, N. M., Ali, J., Fayyaz, B., & Batool, I. (2018). Psychosocial Problems Faced By Thalassemia Major Patients of District Multan, Pakistan. *Pakistan Pediatric Journal*, 42(1), 22-26. X Category Journal Recognized by HEC, Pakistan.
 - 23) Naeem, S. B., Bhatti, R., & **Ishfaq, K**. (2018). Doctors and Nurses' Use of Internet for Information Seeking from Clinical Practices. *Pakistan Library & Information Science Journal*, 49(3). Y Category Journal Recognized by HEC, Pakistan.
 - 24) Khan S, Iqbal MI, Ali I, Fawad U, Arshad R, **Ishfaq K**. (2018). Weight Gain in Malnourished Children on WHO Recommended Therapeutic Feeding Formula F-100, *Pakistan Pediatric Journal*, 42(2): 120-25. X Category Journal Recognized by HEC, Pakistan.
 - 25) **Ishfaq K**, Rizwan M, Warraich, IA, Diah NM, Fyiaz, B. (2018). Practices of self medication among University students of Multan, Pakistan. Y Category Journal Recognized by HEC, Pakistan.
 - 26) **Ishfaq K**, Raana Malik, Safdar Hussain (2018). Contributing factors of Domestic Violence against women: A study of Dar-ul-Aman, Multan, Pakistan. *Pakistan Journal of Criminology*, 10(3), 202-14. Y Category Journal Recognized by HEC, Pakistan.
 - 27) Khan S, Aziz T, Ammara U, Arshad R, **Ishfaq K**. (2019). A study of causes of lactation failure in children under six months of age with severe acute malnutrition, *Isra Medical Journal*, 11(1), 24-26. Y Category Journal Recognized by HEC, Pakistan.

- 28) Hussain S, **Ishfaq K**, Aziz M.T, Maqsood S(2019).Job satisfaction and stress among doctors working at teaching hospitals Multan, Pakistan. *Rawal Medical Journal, Rawalpindi*, 44(2), 372-376. Y Category Journal Recognized by HEC, Pakistan.
- 29) **Ishfaq, K.**, & Milkie, M. A. (2019). Prevention of thalassemia: a necessity in Pakistan. *Rawal Medical Journal*, 44(4), 660-661. Y Category Journal Recognized by HEC, Pakistan.
- 30) Jawad, M., Alam, A., Jadoon, M. A., Sarir, S., & **Ishfaq, K.** (2019). Role of Contraceptives' Knowledge and Use in the Reduction of Family Size in Khyber Pakhtunkhwa, Pakistan. *Rawal Medical Journal*, 44(4), 827-830. Y Category Journal Recognized by HEC, Pakistan.
- 31) Zulfiqar, Z., Shabbir, M., & **Ishfaq, K.** (2019). A Sociological Study of Contributing Factors of Educational Exclusion of Children in Southern Punjab, Pakistan. *Pakistan Social Sciences Review (PSSR)* 3 (2). HEC Recognized Y Category Journal.
- 32) **Ishfaq, K.**, Naeem, S. B., & Fayyaz, B. (2020). Usage of Internet and its Impact on Students' Academic Performance: A Study of Bahauddin Zakariya University Multan, Pakistan. *Pakistan Library & Information Science Journal*, 51(1). HEC Recognized Y Category Journal.
- 33) Khan, S., Ammara, U., Arshad, R., Naz, F., & **Ishfaq, K.** (2020). A descriptive study of double burden of malnutrition in mothers of children with severe acute malnutrition admitted in Children Hospital and Institute of Child Health, Multan. *JPMA. The Journal of the Pakistan Medical Association*, 70(3), 417. HEC Recognized Y Category Journal.
- 34) Ch, Z. Z. D. M. S., & **Ishfaq, K.** (2020). Factors of Non-Achieving Universal Primary Education in South Punjab: A Sociological Study. HEC Recognized Y Category Journal.
- 35) **Ishfaq, K.**, Hussain, S., Fyiaz.A.(2020). Social Medial and its impact on the academic performance of students: A study of Bahauddin Zakariya University Multan, *Pakistan Library and Information Science Journal*, 51(2), 27-35. HEC Recognized Y Category Journal.
- 36) Bakhtawar,S., Batoool,I., **Ishfaq, K.**(2020). Sleep quality, Social disconnectedness and depression among problematic internet users, *Pakistan Library and Information Science Journal* 51(2), 36-49. HEC Recongized Y Category Journal.
- 37) Zulfiqar,R.A., Chaudhry M.S., **Ishfaq, K.**(2020). Parents attitude towards children education in South Punjab: An analytical study in the light of Islamic Thought, *Pakistan Journal of Islamic Research*, 21(1), 121-128. HEC Recongized X Category Journal.
- 38) Zulfiqar, Z., **Ishfaq, K.**, Khan, A., & Malik, S. Effects of Climate Change on the Small Landholder's Livelihoods: A Study of Tehsil Rajanpur, Punjab. *Review of Education, Administration and Law*, 3 (1), 11-20.
- 39) Imran, M., **Ishfaq, K.**, & Zulfiqar, Z. Public Perception towards Punjab Emergency Service (Rescue 1122): A Case Study of District Multan, Punjab, Pakistan, *Review of Applied Management and Social Sciences* 3 (1).

- 40) Zulfiqar, Z., Shabbir, M., & **Ishfaq, K.** (2020). Determinants of Educational Exclusion of Children: A Study of Southern Punjab, Pakistan. *Sir Syed journal of Educational research*, 3(2), 91-98. HEC Recognized Y Category Journal.
- 41) Siddique, K., Javed, N., & **Ishfaq, K.** COVID-19 Outbreak in Pakistan: Gender, Knowledge, and Preventive Health Behaviors, *International Review of Social Sciences*, 8(10), 10-20.
- 42) **Ishfaq, K.**, Maqsood, S., Shah, I., & Fyiaz, B. Awareness among the parents of children with thalassemia major, regarding premarital screening and prenatal diagnosis, *Pakistan Journal of Social Issues*, 11.
- 43) Siddique, K., Malik, R. A., Usman, A., **Ishfaq, K.**, Nadeem, M. S., Qadir, M., & Siddique, F. (2020). Self-care behaviors and glycemic control among older Type 2 diabetes mellitus patients in low-income families in Southern Punjab, Pakistan. *Journal of Human Behavior in the Social Environment*, 1-10.
- 44) Aziz, SZ, Muhammad, N, **Ishfaq, K.**, Khan, IU, Ullah, A, Sikander, KR (2021) Economic factors involved in tuberculosis growth, *Rawal Medical Journal* 16 (1), 185-188.
- 45) Aziz, S. Z., **Ishfaq, K.**, & Iqbal, S. (2021). A Qualitative Study on Socio-economic Impacts of Tuberculosis: A Case Study of District Multan, Pakistan. *Global Sociological Review*, VI (I), 194-198. HEC Recognized Y Category Journal.
- 46) Zulfiqar, Z., **Ishfaq, K.**, Bhuttah, T. M., & Ghaffari, A. S. (2021). Contributing factor of Educational Exclusion: A Study of South Punjab, Pakistan. *Elementary Education Online*, 20(5), 5428-5428.
- 47) Zainab, S., Zulfiqar, Z., **Ishfaq, K.**, & Shah, I. (2021). Socio-Cultural Issues of Religious Minorities in Southern Punjab, Pakistan. *Journal of Languages, Culture and Civilization*, 3(1), 45-54.
- 48) Hussain, M. M., Zulfiqar, Z., **Ishfaq, K.**, & Ghaffari, A. S. (2021). Psycho-Social and Economic Problems Faced by Parent's of Children with Epilepsy. *Review of Education, Administration & Law*, 4(2), 521-530.
- 49) Hussain, A., Afzal, S., **Ishfaq, K.**, Daad, A., & Ashraf, M. (2021). Health Related Lifestyle Among Students Living in BZ University Multan, Pakistan. *Int J Cur Res Rev| Vol*, 13(13), 233.
- 50) Zulfiqar, Z., Ishfaq, K., & Pervez, S. (2021). Challenges and Issues of Female Primary Education: A Case Study of Rajanpur, Pakistan. *Perennial journals of history*, 2(2), 172-186. HEC Recognized Y Category Journal.
- 51) Wu, R., **Ishfaq, K.**, Hussain, S., Asmi, F., Siddiquei, A. N., & Anwar, M. A. (2022). Investigating the Intentions to Adopt Cryptocurrency among E-Retailers: A Perspective from the Mediation of Technostress and Technology Involvement. *Sustainability* 2022, 14, 641. HEC Recognized W Category Journal.
- 52) Siddique, K., Malik, R. A., Usman, A., **Ishfaq, K.**, Nadeem, M. S., Qadir, M., & Siddique, F. (2022). Self-care behaviors and glycemic control among older Type 2 diabetes mellitus patients in low-income families in Southern Punjab, Pakistan. *Journal of Human Behavior in the Social Environment*, 32(1), 67-76.
- 53) Zulfiqar, Z., & **Ishfaq, K.** (2024). Mothers' Experiences regarding their Children with Thalassemia Major in Multan, Pakistan. *Pakistan Islamicus (An International*

- Journal of Islamic & Social Sciences*), 4(01), 54-62.
- 54) Naz, M., Mushtaq, A., Taga, A. S., **Ishfaq, K.**, & Shoaib, M. (2023). Usage of Video Games as Cognitive Exercise and its Influence on Education among Adults (A Case Study of Multan District). *International Journal of Contemporary Issues in Social Sciences*, 2(4), 472-483.
 - 55) Sajjad, S., **Ishfaq, K.**, & Bibi, Z. (2023). Knowledge, Attitudes and Practices Regarding Dengue Fever among People in District Multan, Pakistan. *Annals of Social Sciences and Perspective*, 4(2), 563-579.
 - 56) Olugbenga, A., **Ishfaq, K.**, & Ali, J. (2023). Exploring mHealth Adoption by Community Health Workers: A Global Scoping Review. *Journal of Social Informatics and Global Health*, 2(1), 12-21.
 - 57) Saira, Feroza, Nimra Mushtaq, **Ishfaq, K** (2024). Determinants of Malnutrition Among Children: A Study of Government Schools in District Multan, Pakistan, *Journal of Policy Research* 10 (2), 838-843.
 - 58) Zulfiqar, Z., & **Ishfaq, K.** (2024). Mothers' experiences regarding their children with thalassemia major in Multan, Pakistan. *Pakistan Islamicus (An International Journal of Islamic & Social Sciences)*, 4(01), 54-62.
 - 59) Akbar, N., Zulfiqar, Z., & **Ishfaq, K.** (2024). A Sociological Study of Causes and Consequences of Teenage Pregnancies in Southern Punjab, Pakistan. *Zakariya Journal of Education, Humanities & Social Sciences*, 2(2), 1-13.
 - 60) Khan.M.S., **Ishfaq,K.** (2025). Historiography of Gender and Health Development in Colonial Punjab (1849-1947), *International Journal of Social Sciences Bulluetin*, 3(8), 1304-19.
 - 61) Hussain, Z., **Ishfaq, K.** (2025). Socio-Cultural Determinants of Female Criminality in Punjab, Province of Pakistan, *International Journal of Social Sciences Bulletin*, 3(8), 1007-17.
 - 62) Yousaf, M, **Ishfaq, K.** (2026) Socio-Economic and Psychological Effects of Cardiovascular Disease on Caregivers: A study of Public Hospitals Multan, Pakistan, *Review of Applied Management and Social Sciences* 9 (1), 365-373.
 - 63) Nazir, Q., & **Ishfaq, K.** (2026). Economic Vulnerability as a Predictor of Elder Abuse: A Study of Community-Dwelling Older Adults in Dera Ghazi Khan Division. *Research Journal for Social Affairs*, 4(3 (s2)), 151-160.

10. ACCEPTED PAPERS IN PEER REVIEWED JOURNALS

11. THESIS CONDUCTED

- PhD Thesis: Impact of Thalassemia Major on Patients' Families in Pakistan.
- M.Phil Thesis: The determinants of Child begging in Pakistan: A case study of Multan City.
- M.Sc Thesis: Socio-Cultural Causes of Drug Addiction in Multan.

12. THESIS SUPERVISION

Program	Completed	In progress
M.Phil (Sociology, Gender Studies)	100	7
PhD (Sociology, Gender Studies)	4	5

M.Phil Thesis Completed

Sr. #	Name of Student	Title	Program	Name of the University	Session
1	Muhammad Naeem Khan	Socio Economic factors of renal failure on female patients and their families: A case study of Public Hospitals, Multan.	M.Phil Gender Studies	Bahauddin Zakariya University Multan	2010-2012
2	Nand Lal	Disability as an impediment in social adjustment: A study of Disable persons of District Multan	M.Phil Sociology, Directorate of Distance Education	Bahauddin Zakariya University Multan	2013-2015
3	Muhammad Safdar	Socio-cultural problems faced by lady Health visitors in District Khanewal	M.Phil Sociology Directorate of Distance Education	Bahauddin Zakariya University Multan	2013-2015
4	Lina Samreen	Socio-Economic impacts of national overseas employment on families left behind: A study if District Rajanpur	M.Phil Sociology Directorate of Distance Education	Bahauddin Zakariya University Multan	2013-2015
5	Bushra Khursheed Rana	Socio-Economic Impact of Hepatitis C on Patients and their Families: A study of District Multan	M.Phil Sociology Directorate of Distance Education	Bahauddin Zakariya University Multan	2013-2015
6	Sadia Tasleem	Causes and consequences of Domestic Violence: A study of Women living in Dar-ul-Aman District Multan	M.Phil Sociology Directorate of Distance Education	Bahauddin Zakariya University Multan	2013-2015

7	Muhammad Shoaib	Causes and consequences of child labor: A study of Children Working in Auto-workshops in District Multan	M.Phil Sociology	Bahauddin Zakariya University Multan	2013-2015
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8	Farhana Mustafa	Socio-economic causes of child labor: A study of Auto Workshop in D.G Khan	M.Phil Sociology Directorate of Distance Education	Bahauddin Zakariya University Multan	2013-2015
9	Shafiq Ur Rehman	Causes of child begging on Society: A study of Southern Punjab	M.Phil Sociology Directorate of Distance Education	Bahauddin Zakariya University Multan	2013-2015
10	Usama Shahid	Role of integrated reproductive maternal and new born child health program in combating health issues: a study of district layyah	M.Phil Sociology Directorate of Distance Education	Bahauddin Zakariya University Multan	2013-2015
11	Muhammad Zaigham Abbas	Socio-cultural causes of low literacy rate among females of tribal areas of D.G Khan	M.Phil Sociology Directorate of Distance Education	Bahauddin Zakariya University Multan	2013-2015
12	Summaira Noreen	An Assessment of Knowledge, Attitude and practices about T.B. DOT Program among tuberculosis patients: A study of District Multan	M.Phil Sociology Directorate of Distance Education	Bahauddin Zakariya University Multan	2013-2015
13	Rani Mavra Hina	Incidence and dimensions of workplace harassment in academia: A study of boys elementary school District Multan	M.Phil Sociology	Bahauddin Zakariya University Multan	2015-16
14	Jawaria Tabassum	Psycho-social and economic impact of cancer on patients and their families: A case study of public hospitals Multan	M.Phil Sociology	Bahauddin Zakariya University Multan	2015-2016

15	Arsalna Afridi	The impact of divorce on educational performance of children: A case study of District Muzaffargarh	M.Phil Sociology	Bahauddin Zakariya University Multan	2015-2016
16	Hassan Abbas	Role of TEVTA Institutions in career development of students: A case of District Rajanpur	M.Phil Sociology	Bahauddin Zakariya University Multan	2015-2016
17	Javaria Khan	Effects of flood on food security and livelihoods of rural communities: a study of tehsil Taunsa Pakistan	M.Phil Sociology	Bahauddin Zakariya University Multan	2019-21
18	Mamoona Azeem	A study of relationship between social media, sleep quality and life satisfaction among students of Bahauddin Zakariya university Multan	M.Phil Sociology	Bahauddin Zakariya University Multan	2019-21
19	Mubbashra Anwar	Effects of flood disaster on child-education: an empirical evidence from rural areas of district Layyah	M.Phil Sociology	Bahauddin Zakariya University Multan	2019-21
20	Sobia Gulshan	Socioeconomic problems of aged people and their life satisfaction: a study of district Layyah	M.Phil Sociology	Bahauddin Zakariya University Multan	2019-21

21	Saira	Determinants of malnutrition among children: a study of government schools in district Multan, Pakistan	M.Phil Sociology	Bahauddin Zakariya University Multan	2022-24
22	Salma Bibi	Knowledge, Attitude, and Practices of Health Care Worker Regarding Medical Waste Management: A Case Study of Public Hospitals Multan	M.Phil Sociology	Bahauddin Zakariya University Multan	2022-24

13. TRAININGS AND WORKSHOPS

- Attended an orientation workshop on Child Protection Issues dated 21-23 November, 2005 by the Child Protection & Welfare Bureau, Government of Punjab.
- Participated in the Charter Night Ceremony of the club held on 10th December, 2006 at Hotel Holiday Inn, Multan by the Rotary Club of Multan Metropolitan.
- Attended Research Ethics Workshop held on August 4-8, 2007, with the collaboration of Aga Khan University Hospital, Karachi & Johns Hopkins Bloomberg School of Public Health, USA.
- Attended CACL (Collation against Child Labor) national Convention on Child Labor dated 30-31, December 2010 in Multan organized by SPARC.
- Attended Five day Sensitization Workshop on Gender Dimensions and Psychosocial Support in Disasters Situations held on 23-27, May 2011 in Multan conducted by Rozan in Collaboration with UNFPA.
- Attended the Gender, Climate Change & Disasters Workshop held on 22-23, July, 2011, Department of Gender Studies, B.Z. University facilitated by Doaba Foundation & Oxfam G.B.
- Attended Four days Capacity Building Training workshop on Active Citizens from 22-24 November, 2011 at Multan organized by Awaz Foundation Pakistan Center for Development Services.

- Attended an International Workshop held dated 19-22, December 2011, on Women Empowerment & the Crises of Good Governance in Pakistan (A Study of South Punjab 2001-2009) with the collaboration of Department of Gender Studies, Bahauddin Zakariya University Multan & Royal Holloway University of London.
- Attended workshop on Dengue Fever Management and Control held on 22-24, March, 2012 at The Children's Hospital & the Institute of Child Health Multan.
- Participated in the International Thalassemia Day 8th May 2012 organized by Children Welfare Society, The Children's Hospital & the Institute of Child Health Multan.
- Attended two days workshop on Gender, Climate Change and Disasters dated 27- 28 September, 2012 with the collaboration of Department of Gender Studies, Bahauddin Zakariya University Multan and Doaba Foundation Pakistan.
- Attended two day workshop on Social Mobilization dated 19-21, November 2012 with the collaboration of Department of Gender Studies, Bahauddin Zakariya University Multan and Doaba Foundation Pakistan.
- Attended three day workshop on Research Methodology held on 29 November to 1st December, 2012 with the collaboration of Department of Gender Studies, 2012, organized by Zakariya University.
- Attended Seven days Electronic Media Course on Election Reporting arranged by Women Media Centre (WMC), Pakistan, supported by National Endowment for Democracy (NED), USA, dated 11-17 December, 2012 at Bahauddin Zakariya University Multan.
- Attended two day an International Seminar held dated 22-23, December 2012, on Good Governance and Female Political Participation with the collaboration of Department of Gender Studies, Bahauddin Zakariya University Multan, Higher Education Commission, British Council & Royal Holloway University of London.
- Attended seminar held dated 22-23, December 2012, on Good Governance and Female Political Participation with the collaboration of Department of Gender Studies, Bahauddin Zakariya University Multan, Higher Education Commission, British Council & Royal Holloway University of London.

- Participated as a Resource Person in the Seminar on “the Dissemination of Research Findings on Gender Based Violence in South Punjab, Dated 5th December 2013 At the Department of Gender Studies, Bahauddin Zakariya University Multan.
- Participated as a Resource Person in the Seminar on “Linkage with Civil Society Organizations and Gender Based Violence in South Punjab, Dated 6th December 2013 At the Department of Gender Studies, Bahauddin Zakariya University Multan.
- Attended workshop on Literature Searching Techniques, Developing Literature Review and Data Analysis, dated 10th December, 2013, organized by the Department of Library Sciences, The Islamia University of Bahawalpur.
- Attended Two Days Learning and Exchange Visit of Public Partner Universities under GEP, dated 13-14 December, 2013 at University of Sindh Jamshero.
- Attended two day International Seminar on From Women’s History to Gender History: Fitting Women into the Historical Jigsaw Puzzle, dated December 16-17, 2013, A Project of INSPIRE (HEC-BC),A Collaboration of Department of Gender Studies, B.Z. University & Royal Holloway College, University of London, UK.
- Attended “Qualitative Research Methods in Sexual and Reproductive Health and Rights Virtual Course” held on dated 1-12 February, 2021 organized by the Eastern Mediterranean Regional Hub for Research Capacity Strengthening Department of Community Health Sciences, Aga Khan, University Karachi, Pakistan.
- Participated as Guest Speaker on One Day Workshop on “Synopsis & Thesis Writing in Social Science” dated 25th October 2025 at Sanat Zaar Hall, Multan, Pakistan organized by Roshni Welfare Organization, Multan.

14. INTERNATIONAL WORKSHOPS

- Attended International Research Workshop on Postgraduate Research Tools- Research Made Easy, held on 29-30 January, 2014 through high definition (HD) Video Conferencing, organized by Research Centre for Training & Development.
- Attended International Research Workshop on Academic Writing, Combating Plagiarism, Citation Management and Publishing Research in Impact Factor

Journals, held on 14-15, 2014 through high definition (HD) video conferencing.

- Attended International Research Workshop on Developing a Researcher- the Entire Research Process, held on 11-12, June 2014 through high definition (HD) video conferencing.
- To attended an International Research Workshop on Developing a Researcher- the Entire Research Process held on 11-12, June 2014 through high definition (HD) video conferencing.

- Attended two day International Workshop on “ Emergence of Mixed Methods-Integrating Quantitative and Qualitative Research Methods and Analysis of Mixed Methods Data”, dated 26-27th December, 2014, organized by the Research Centre for Training & Development and National College of Business Administration & Economics Multan through HD Video Conferencing.
- Attended the Two-day International Workshop on SPSS for biggners Step by Step dated 20-21 February, 2015, organized by Research Centre for Training and Development through HD Video Conferencing.
- Attended HORIZON-2020 building a science bridge between the EU and Pakistan Awareness Seminar held on 24th August, 2017 at Bahauddin Zakariya University Multan.

15. WORKSHOPS ORGANIZED

- Worked as an organizer in International Research Workshop on Academic Writing, Combating Plagiarism, Citation Management and Publishing Research in Impact Factor Journals, held on 14-15, 2014 through high definition (HD) video conferencing.
- Worked as Chief Organizer in International Research Workshop on Developing a Researcher- the Entire Research Process, held on 11-12, June 2014 through high definition (HD) video conferencing.
- Worked as Organizer in the International Workshop on “ Emergence of Mixed Methods-Integrating Quantitative and Qualitative Research Methods and Analysis of Mixed Methods Data”, dated 26-27th December, 2014, organized by the Research Centre for Training & Development and National College of Business Administration & Economics Multan through HD Video Conferencing.
- Organized International workshop on “SPSS for beginners SPSS Step by Step” dated 20-21 February, 2015, organized by Research Centre for Training & Development.
- Organized International workshop on “How to write and publish research papers in scientific journals” on dated 27-28 March, 2015, organized by the Research Centre for Training & Development.
- Organized Pre-Conference workshop on conducting research on Women’s Rights In Islam at Bahauddin Zakariya University Multan, Pakistan on dated 22 November 2017.
- Organized Pre-Conference Workshop on 3rd January 2021 at Bahauddin Zakariya University Multan, Pakistan.

- Organized “Online Research Workshop on Writing a Research Proposal/Thesis” on dated 31-05-2021, Department of Sociology, Bahauddin Zakariya University Multan, Pakistan.
- Organized Two Day Workshop on “Advanced Qualitative & Quantitative Data Analysis Using SPSS/NVIVO Software’s on dated 28-29, June, 2021, Department of Sociology, Bahauddin Zakariya University Multan, Pakistan.
- Organized Two Day “Post Conference Workshop on PhD Dissertation Writing” on 28-29 November 2022 at Department of Sociology, Bahauddin Zakariya University Multan. Resource Person Prof. Dr. Anita M. Weiss, University of Oregon, USA
- Organized an “Online Workshop On Writing a Research Proposal/ Thesis” on dated 26th November 2025. The Guest Speaker was Dr. Nurazzura BT Mohammad Diah, Department of Sociology & Anthropology, International Islamic University Malaysia.
- Organized an “Online Workshop on Contemporary Trends and Contestations in Qualitative Research: Epistemic Opportunities & Analytical Avenues” on Monday, 22nd December 2025. Resource Person was Prof. Dr. Ahmed Usman, Institute of Social & Cultural Studies, University of Punjab, Pakistan
- Organized Two Day Hands-on Workshop on Quantitative Data Analysis with SPSS & AMOS" on Monday and Tuesday, 29th- 30th December 2025 organized by Centre for Research in Sociology & Social Policy, The Department of Sociology, Bahauddin Zakariya University Multan, Pakistan.

16. ORGANIZED NATIONAL AND INTERNATIONAL CONFERENCES

- Organized 1st National Conference on Emerging Trends & Challenges on Social Sciences dated 15-16 November 2016, at Bahauddin Zakariya Univeristy Multan, Pakistan.
- Organized International Conference on Gender, Human Rights & Islam, dated 23-24 November 2017, at Bahauddin Zakariya Univeristy Multan, Pakistan.
- Organized International Online Medical Sociology Annual Conference 2021 dated 4-5 January 2021 at Bahauddin Zakariya University Multan, Pakistan.
- Organized International Conference on Contemporary Issues in Sociology and Public Health (ICCISPH-2022) on 25-26 November 2022 at Bahauddin Zakariya University Multan, Pakistan.
- Participated as Organizer of 16th Global Conference on Humanities, Commerce & Social Sciences (GCHCSS-25 Multan) held on 02-03 December 2025, jointly organized by Bahauddin Zakariya University Multan, Pakistan and Evolution EduTech Pakistan in Collaboration with the Women University Multan, Pakistan.

17. PARTICIPATED IN THE INTERNATIONAL CONFERENCES

- Presented a Research Paper on Mothers' Awareness Experiences having a Thalassemia Child: a Qualitative Approach in International Conference on Social Sciences & Humanities 8th, 9th and 10th of September, 2014, Istanbul, Turkey.
- Participated as a Session Chair in the International Conference on Social Science & Humanities, 8th, 9th and 10th of September, 2014, Istanbul, Turkey.
- Presented research paper "Social Impact of Thalassemia Major on Patintes' Families" is accepted at the International Conference on Education & Social Sciences, Istanbul Turkey dated 3, 4, 5 February 2015.
- Presented research paper "Domestic Violence Against Women: A Study of Dar-ul-Aman, Multan, Punjab, Pakistan is accepted for the 2nd International Women Conference dated 9-10 June in Toranto Canda.
- Presented a poster presentation on "Awareness of malnutrition among women:

A study of the Children's Hospital & the Institute of Child Health Multan, Pakistan" in the International Conference on "Malnutrition in South Asia: The Peril Persists" dated 23-24 February, 2014, organized by Department of Food Science & Technology, Bahauddin Zakariya University Multan.

- Presented research paper on Psycho-social burden of Thalassemia: a study of District Multan, Pakistan on dated 29 May, 2017 to 02 June 2017 at Ryerson University, Toronto, Ontario organized by the Canadian Sociological Association

- Presented research paper on Psycho-Social Problems Faced by Thalassemia major patients of District Multan, Pakistan on dated 13-15 September, 2017 at University of York, UK, Conference organized by the British Sociological Association.
- Presented research paper on Socio-cultural dynamic factors associated with violence against women: a cross sectional study of victimized wives and abusive husbands in rural vicinities of Multan Division, Pakistan at the International Conference on Gender, Human Rights & Islam dated 23-24 November, 2017, organized by the Department of Sociology, Bahauddin Zakariya University Multan, Pakistan
- Presented paper on Challenges Faced By Female Journalists: A Study of District Multan, Pakistan, (101067) has been accepted to the Research Committees session "Communication Against Violence" (9440) at the XIX ISA World Congress of Sociology (July 15-21, 2018) to be held in Toronto, Canada.
- Presented paper on "Contributing Factors of Domestic Violence Against Women: A Study of DAR- UL-Aman, District Multan, Pakistan," (103833) has been accepted to the Research Committees session "Women's Rights" (9873) at the XIX ISA World Congress of Sociology (July 15-21, 2018) to be held in Toronto, Canada.
- Presented research paper on "Intimate partner violence and its impact on women health: a study of violence Against Women Centre Multan, Pakistan" at University of British Columbia, Vancouver, Canada dated 01-7 June, 2019 organized by Canadian Sociological Association.
- Participated as Session Chair in the International Conference on Gender Studies, Contemporary Gender Issues: Challenges and Opportunities held on dated 8-9 March, 2021 at the Department of Gender Studies, University of the Punjab, Pakistan.
- Presented paper on "A study of Parental Attitude towards Children Education in Southern Punjab, Pakistan" in the International E-Conference on Health Psychology (IHP-2021) held on dated 18-20 March 2021 Organized by the Department of Applied Psychology, Bahauddin Zakariya University Multan, Pakistan.
- Presented research paper on "A Sociological study of subjugation faced by

religious minorities in Southern Punjab, Pakistan” in the 1st International Conference on Science, Technology, Engineering, Mathematics and Social Sciences (STEMS) on dated 30-31 March, 2021 organize by the Islamia University of Bahawalpur, Pakistan.

- Presented research paper virtually on “Causes and Consequences of Child Labor: A study of Children’s working in Auto-Workshops of District Multan, Pakistan” in the session of Workplace Fairness, Justice and Well-Being organized by Canadian Sociological Association on dated 31 June, 2021 to 04 June, 2021 at University of Alberta, Canada.
- Participated as a Guest Speaker in the 1st International Virtual Summit on Medical Sociology and Public Health on dated 2-4 December, 2021, organized by the Department of Sociology, Fatima Jinnah Women University Rawalpindi, Pakistan in Collaboration with Huston-Tillotson University, USA.
- Participated as a Moderator in the 1st International Virtual Summit on Medical Sociology and Public Health on dated 2-4 December, 2021, organized by the Department of Sociology, Fatima Jinnah Women University Rawalpindi, Pakistan in Collaboration with Huston-Tillotson University, USA
- Presented Paper on “Effects of COVID-19 on front line nurses: A study of Government Hospitals Multan, Pakistan” in the session Caregiving and care work during the pandemic at the International Conference organized by Canadian Sociological Association at York University in Toronto, Ontario Canada on dated 29 may, 2023 to 02 June, 2023.
- Presented paper on “Lived Experiences of Mothers with Thalassemia Major Children: A study of the Children’s Hospital & the Institute of Child Health Multan, Pakistan” in the session Open Session on the Sociology of Medicine, Health and Illness at the International Conference organized by Canadian Sociological Association at York University in Toronto, Ontario Canada on dated 29 may, 2023 to 02 June, 2023.
- Presented paper on “ Socioeconomic Vulnerabilities, Capacities and Solution for women with disabilities and their families in the face of floods 2022-Pakistan” in the session of Sociology of Disability II at the International Conference organized by the Canadian Sociological Association at McGill University in Montreal, Quebec, Canada on dated 17-21 June 2024.
- Presented paper on “ Determinants of Child Labor at Brick Kilns: A study of

District Bakhar, Pakistan” in the session of (WPO1e) Health, Safety and Well-Being at Work at the International Conference organized byat the Canadian Sociological Association at McGill University in Montreal, Quebec, Canada on dated 17-21 June, 2024.

- Attended 2nd International Conference on Building Resilient Today & Prosperous Tomorrow in person, Social, Cultural, Financial and economic Spheres of human life at the University of Haripur, Pakistan on 30-31 May 2024.
- Attended International Conference on Computer Science, Management, and Social Sciences (ICCSMSS-2025) as a Session Chair held on 11-12 July, 2025 at Kohsar University Murree, Pakistan organized by National College of Business Administration Multan Sub Campus & Kohsar University Murree, Pakistan.

18. INTERNATIONAL ASSOCIATION MEMBERSHIP

- Member of Canadian Sociological Association (CSA)
- Member of British Sociological Association (BSA)
- Member of International Sociological Association (ISA)
- Member of Sociological Association of Pakistan (SAP)

19. COUNTRIES VISITED FOR ACADEMIC PURPOSE

S.#	Country	Place/City	Purpose
1	Turkey	Istanbul	Presented paper at International Conference on Social Sciences & Humanities 8 th -10 th of September, 2014. Presented paper at International Conference on Education & Social Sciences, Istanbul Turkey dated 3-5 February 2015.
3	Canada	Ryerson University, Toronto	Presented Paper at International Conference, Ryerson University, Toronto Ontario, Canada. 29 May, 2017 to 02 June 2017, organized by Canadian Sociological Association. Worked as Postdoctoral Fellow at Department of Sociology, University of Toronto, Canada in 2019. Presented Paper at International Conference organized by the Canadian Sociological Association at University of British Columbia, Vancouver, Canada dated 03-06 June, 2019.
4	United Kingdom	University of York, UK	Presented paper at International Medical Sociology Conference at University of York, UK, dated 13-15 September, 2017, organized by the British Sociological Association.

20. COMPUTER SKILLS

- Diploma in Computer Operator.
- Diploma in Data Base Management System.
- Basic I.T Training Course by the Pakistan Computer Bureau, Ministry of Information Technology, Pakistan.

21. LANGUAGES

- Having fluency in the following languages: *English, Urdu, Punjabi, Saraiki.*
- One month Course of Spoken and writing skills in English Language offered during summer camp session 2003 from Institute of Management Sciences, Bahauddin Zakariya University Multan.

SELECTED PROFESSIONAL SERVICES

- External Examiner, Doctoral dissertation of Muhammad Iqbal Shah in Sociology, University of Peshawar, Pakistan, 2017.
- External Examiner, doctoral dissertation of Badshah Muhammad in Sociology, University of Peshawar, Pakistan, 2018.
- External Examiner, doctoral dissertation of Ms. Sidra Saeed in Sociology, Government College University of Faisalabad, Pakistan, 2018.

22. REFERENCES

1. Prof. Dr. Johar Ali,
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